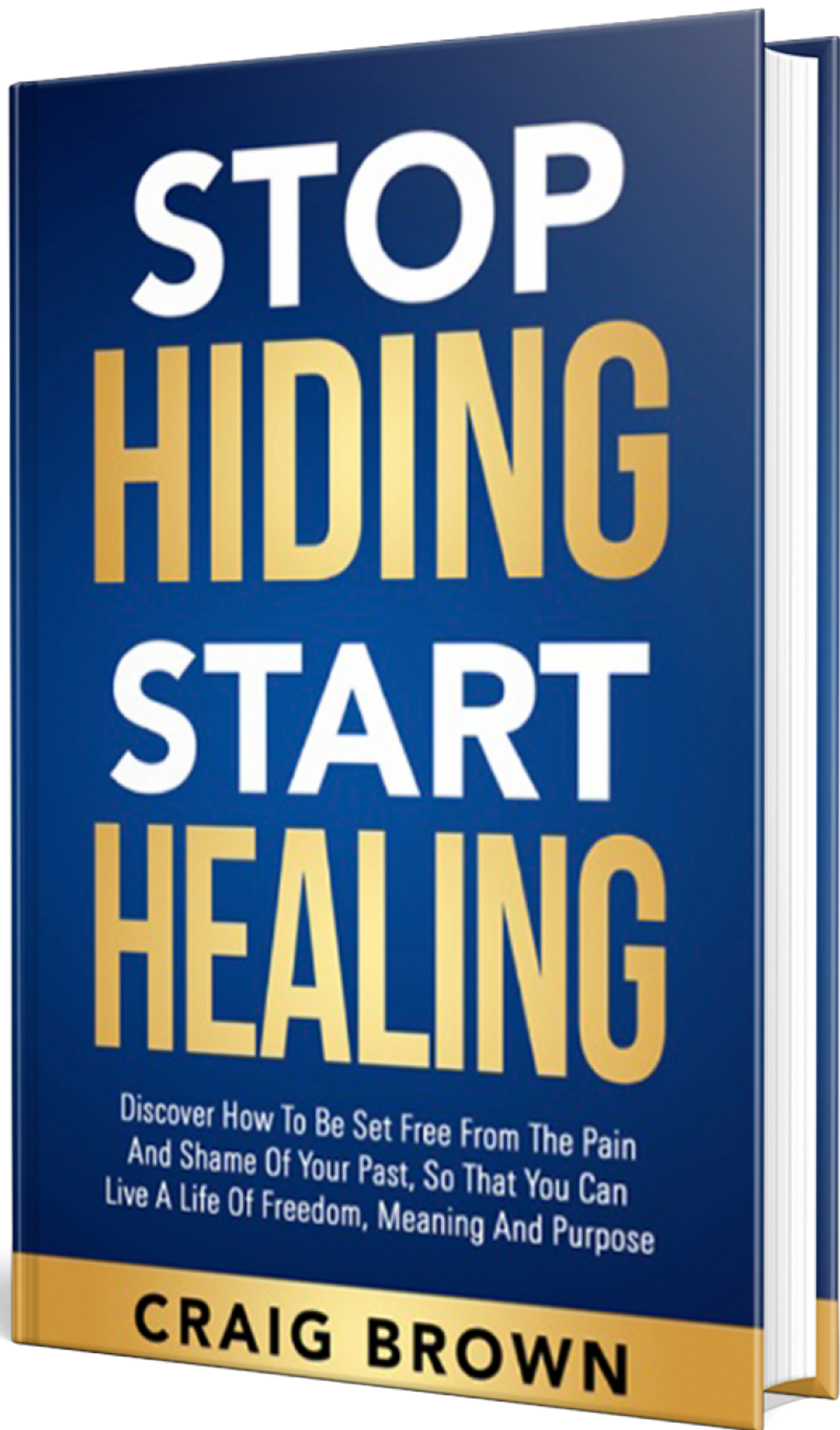


Through Faith & Personal Redemption, Leading Recovery Pastor Inspires Readers Searching for a Life of Meaning & Purpose



Washington, D.C, Jan 12, 2021 (IssueWire.com) - – Nationally respected recovery pastor, speaker, and author Craig Brown is proud to announce the release of his new book, *Stop Hiding, Start Healing - Discover How to Be Set Free From the Pain and Shame of Your Past, So That You Can Live a Life of Meaning and Purpose*.

Millions of people struggle daily with some sort of pain, shame, or hurt from their past. In his new book *Stop Hiding, Start Healing*, Craig Brown helps the reader identify the source of the problems while offering a blueprint to break the cycle of destructive habits and behaviors that lead to unhealthy patterns and relationships.

Brown inspires and leads the reader on a journey of redemption by sharing his own personal story of transformation and healing through faith and accountability.

“We pretend we are someone else to avoid rejection or deal with fear, shame, betrayal, or abandonment.” Says Brown. *“If you want to do something, right now, to help free yourself to start living a life of meaning and purpose, it starts with you.”*

In *Stop Hiding, Start Healing* you will learn:

- Why we hide and what masks we wear to hide our pain, shame, and guilt.
- How our character defects and shortcomings influence our desire to hide.
- How to create a new past and deal with the old one.

Craig Brown has served as Recovery Pastor/Director of Celebrate Recovery at Church of the Redeemer in Gaithersburg, MD since 1999. Brown is a public speaker, author, real estate agent/investor, and former local sales manager with Salem Communications/WAVA 105.1 FM, the leading provider of radio programming, online resources, and magazines targeted to the Christian and family-themed audience.

Brown has spent the last two decades serving others in more than one capacity by addressing life issues & struggles common to adults, leaders, and business owners who are searching for a new life of freedom, meaning, and purpose. He resides in the Washington DC area with his wife and three sons.



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Source : Craig D Brown

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