Thomas J. Terenzi, DO, PhD, a Rheumatologist with Middlesex Health Multispecialty Group - Rheumatology

Get to know Rheumatologist Dr. Thomas J. Terenzi, who serves patients in Middletown, Connecticut.



Middlesex Health Multispecialty Group - Rheumatology in Middletown, Connecticut. He is experienced in many facets of his specialty, including inflammatory diseases (ankylosing spondylitis group, polymyalgia rheumatic, crystal-induced arthritis, and others) & autoimmune conditions (rheumatoid arthritis, systemic lupus erythematosus, Sjogren's syndrome, mixed connective tissue disease, inflammatory muscle disease, and various types of vasculitis).

Middlesex Health Multispecialty Group - Rheumatology works to assess the needs of each patient and create a treatment plan that offers that patient an opportunity to participate in life – physically, emotionally, and socially. The board-certified physicians and rheumatology health care specialists will diagnose and treat inflammatory diseases and conditions of the joints, muscles, and soft tissues. Since many rheumatoid disorders are chronic and have far-ranging effects on the ability to participate in daily activities, the team of healthcare professionals can best help patients manage these conditions.

Pertaining to his educational achievement, Dr. Terenzi graduated with his Doctor of Osteopathic Medicine degree from the New York College of Osteopathic Medicine at New York Institute of Technology in 1996. He performed his internship at St. Barnabas Hospital, as well as his residency in internal medicine and his fellowship in rheumatology/allergy & immunology at NYU Langone Hospital—Long Island. He also holds three master's degrees and a Doctor of Education degree in Physiology from Columbia University.

With an unwavering commitment to his specialty, the doctor is board-certified in both internal medicine and rheumatology by the American Osteopathic Board of Internal Medicine (AOBIM). The AOBIM is an organization that provides board certification to qualified Doctors of Osteopathic Medicine who specialize in the prevention, diagnosis, and treatment of disease in adults.

Licensed to practice medicine in New York, Connecticut, and Florida, Dr. Terenzi is affiliated with Middlesex Hospital & Saint Francis Hospital and Medical Center.

In addition to being a member of the American College of Immunology, he is a Fellow of the American College of Physicians & a Fellow of the American College of Rheumatology.

Rheumatology is a branch of medicine devoted to the diagnosis and therapy of rheumatic diseases. Physicians who have undergone formal training in rheumatology are called rheumatologists. Rheumatologists treat arthritis, autoimmune diseases, pain disorders affecting joints, and osteoporosis. There are more than 200 types of these diseases, including rheumatoid arthritis, osteoarthritis, gout, lupus, back pain, osteoporosis, and tendinitis.

Among his numerous accolades, Dr. Terenzi is the recipient of the Patients' Choice Award (2008, 2009, 2011, 2012, 2016, 2017, 2018, 2020), On-Time Doctor Award (2016, 2020), and Compassionate Doctor Recognition (2016, 2017, 2018, 2020).

Learn More about Dr. Thomas J. Terenzi:

Through his findatopdoc profile, https://www.findatopdoc.com/doctor/824356-Thomas-Terenzi-Rheumatologist or through Middlesex Health, https://middlesexhealth.org/find-a-doctor/thomas-j-terenzi-do-edd

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