

Iris Tróchez Valladares, MD, an Obstetrician-Gynecologist with Northwest Women's Center

Get to know Obstetrician-Gynecologist Dr. Iris Tróchez Valladares, who serves patients in Houston, Texas.



New York City, Jan 14, 2021 ([IssueWire.com](https://www.issuewire.com)) - Dr. Valladares is a caring and compassionate obstetrician-gynecologist at Northwest Women's Center in Houston, Texas. Her passion truly lies in helping women of all ages feel comfortable, heard, and well taken care of.

Some of the services that she provides include management and delivery of pregnancy, women's preventive care, management of acute and chronic problems including vaginal discharge, pelvic pain, uterine fibroids, PCOS, ovarian cysts, menopause, osteoporosis, as well as minimally invasive diagnostic and therapeutic procedures.

As a trusted Houston-area gynecologist practice, Northwest Women's Center provides top-ranked minimally-invasive diagnostic and treatment procedures including laparoscopic hysterectomy, colposcopy, and ultrasound services. It is committed to providing state-of-the-art, patient-centered care focused on the unique needs of every patient. The team of providers is skilled in providing a full complement of care to women of all ages, from puberty through menopause, including well-woman exams aimed at helping women enjoy the best possible health at every stage of life.

Believing in the importance of keeping up with current medical guidelines to provide her patients with the most accurate information, Dr. Valladares has a commitment to providing a judgment-free zone in her office where all questions and concerns are valid. In addition, she provides gynecological care for acute and chronic problems that can arise in non-pregnant women of all ages.

"I am elated to embark on the wonderful and sometimes challenging journey that pregnancy can be, by providing guidance, listening to your concerns, and giving comprehensive and quality care" expressed the doctor.

An authority in her field, she is board-certified in obstetrics and gynecology by the American Board of Obstetrics and Gynecology (ABOG). The mission of the ABOG is to define standards, certify obstetricians and gynecologists, and facilitate continuous learning to advance knowledge, practice, and professionalism in women's health.

A Honduran native, Dr. Valladares moved to the United States for college in 2007 to commence her journey in becoming a physician. She completed her Bachelor of Science degree with a minor in Chemistry at the University of Louisiana at Lafayette. She then attended LSUHSC- Shreveport where she received her medical degree.

After medical school, she was awarded an opportunity to learn from the best. At her top pick were the University of South Alabama Children's and Women's teaching hospital in Mobile, where she completed her training in obstetrics and gynecology. Her deep appreciation for the south, combined with a desire to practice in a culturally diverse area, led her to Houston.

Obstetrics and Gynecology is the medical specialty that encompasses the two subspecialties of obstetrics and gynecology. An obstetrician-gynecologist, or OB-GYN, is a healthcare professional who specializes in female reproductive health.

Learn More about Dr. Iris Tróchez Valladares:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/82738254-Iris-Trochez-Valladares-OB-GYN-Obstetrician-Gynecologist> or through Northwest Women's Center, <https://www.nwwomens.com/providers/iris-trochez-valladares-md/>

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