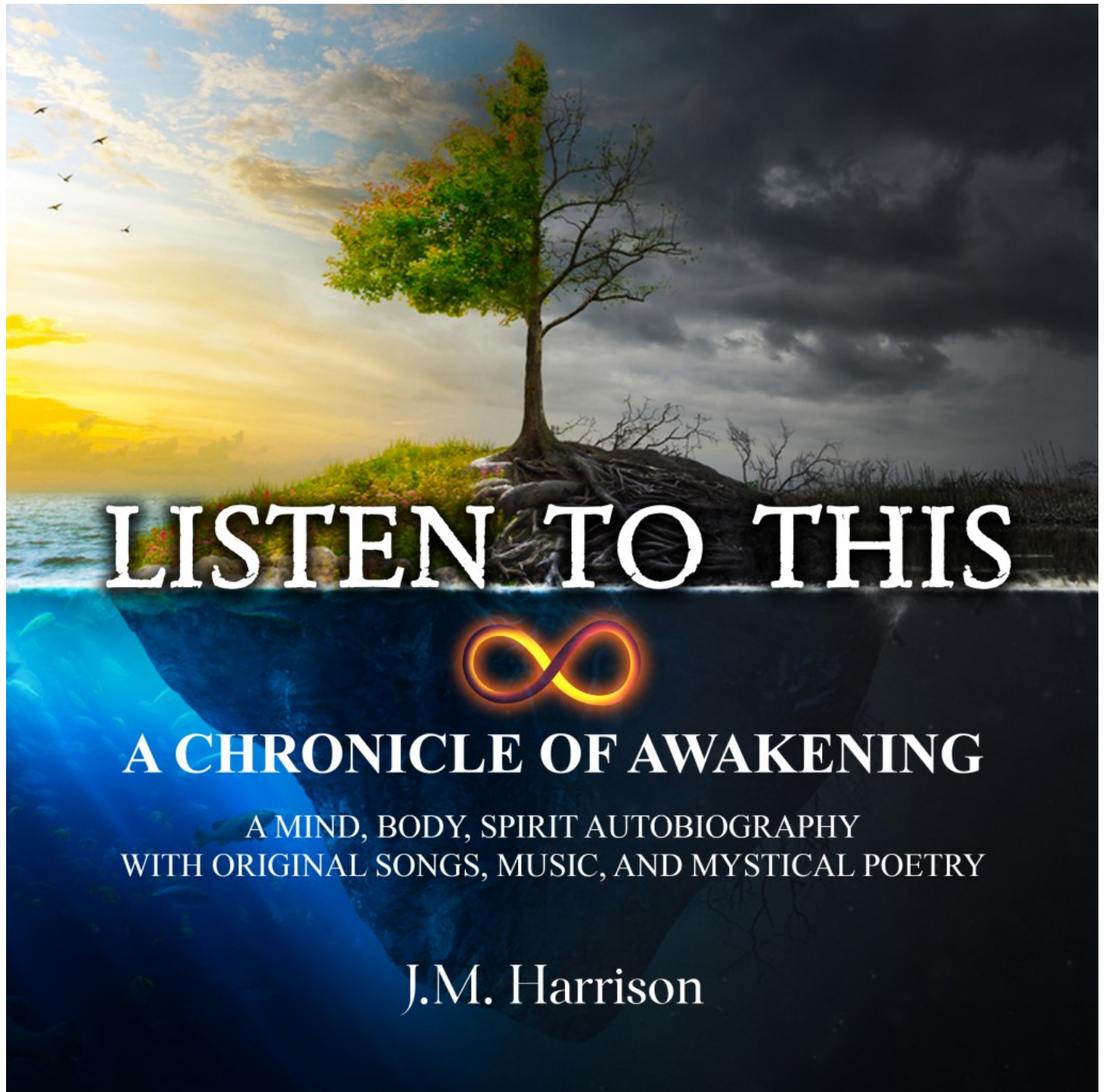


Ground-breaking New Audiobook LISTEN TO THIS: A Chronicle of Awakening from Award-Winning Author & Musician J.M.Harrison

An Autobiographical Exploration of Consciousness Featuring Original Songs, Music & Mystical Poetry



“The lingering question at the end of this audio journey must be, ‘How authentically are you living your life?’” – Julian Daizan Skinner, Rōshi, author of *Practical Zen* & founder of Zenways

- **New Audiobook for 2021 from Award-Winning Author and Musician J.M. Harrison**
- **Inspiring and Insightful Story of Spiritual Awakening**
- **Currently #2 in the [eStories](#) ‘Body, Mind & Spirit’ Chart**
- **Available to Stream and Download now**

Tuesday, January 26, 2021 – A new audiobook released this week from award-winning author and musician [J.M. Harrison](#) searches for the answers to life’s biggest questions. ***LISTEN TO THIS: A Chronicle of Awakening*** is an [autobiographical exploration](#) sharing the author’s **psycho-spiritual journey** following a fascinating life well-lived.

From **paranormal childhood experiences** to a **mystical death experience** in France which permanently transformed his worldly identity and outlook, Harrison reveals a hidden **secret metaphysical world** of healing, trance, channeling, cosmic consciousness, and more through his **deeply personal life story** in this, his first audiobook release.

LISTEN TO THIS: A Chronicle of Awakening recalls a **shocking medical diagnosis** and a chilling account of the author’s ‘dark night of the soul’. Years later, following a **chance discovery** in an old suitcase, healing began, and an insightful compilation of spiritual memoirs, songs, music, and mystical poetry was born.

- Harrison says, *“This audiobook came together following an unexpected sequence of events. It felt as if now was the right time to share the music, poetry, and songs from the past forty years, to compliment the transcendental experiences of my spiritual awakening... at the end of the day, stories and memories are aspects of experience and not the truth of who we are. It is only when experiences have run their course that we find ourselves and arrive home.”*

“Every open-minded seeker who joins me on this journey will put their headphones down to find a new perspective on the meaning of life and the potential of the human spirit.”

Watch The YouTube Trailer [HERE](#)

Following a brief stint as the lead singer of the 80s band **Frankie Goes To Hollywood**, Harrison wrote his first book *WE ARE ALL ONE: A Call to Spiritual Uprising* in 2007, followed by *NAKED BEING: Undressing your Mind, Transforming Your Life*, which topped the Amazon ‘Personal Transformation’ charts in 2010. Further publications achieved international recognition, including an award for ‘Visionary Fiction’ at the 2016 Beverly Hills International Book Awards for *The Soul Whisperer*.

The new audiobook runs unabridged at 5hr 19m and is narrated by Colin Watts. Harrison will soon appear in conversation with Don McCauley on ‘The Author’s Show’ – listen [HERE](#).

***LISTEN TO THIS: A Chronicle of Awakening* is available to download and stream now. Reviewers, bloggers, and media can access this audiobook for FREE until Feb 3 2021 via [Apple Books](#) or the [Google Play](#) store**

Available from [Apple Books](#), [Google Play](#), Authors Direct, KOBO, Scribd, eStories

Early Praise:

"A fantastic audiobook that will take you on an eventful journey." – A.S.Begans (@asbegansbooks)

"Prepare to be inspired, amused, saddened, and delighted. Prize-winning author, Jonathan Harrison pulls no punches as he takes us from the heights of the pop charts to the silence of remote retreats." – Julian Daizan Skinner Rōshi, author of *Practical Zen* and founder of Zenways, London.

"An amazing journey of awakening. Every chapter takes you deeper and deeper into what Jonathan has directly experienced. Thank you for sharing it with the world." – Stephan Siva Trezfer

"...an insightful and uplifting experience. The final chapter is a revelation on how to live an authentic spiritual life in a time of transformation and change. Never before has humanity so needed to heed such a message." – Michael Vincent

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Source : Author J.M. Harrison

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