

District Center for Integrative Medicine (DCIM) Add New Doctor to Expand Providers for Growing Patient Demand

The District Center for Integrative Medicine, a Washington D.C. Integrative and Functional Medicine practice, welcomes Dr. Gelane Gemechisa, a board-certified Family Medicine physician and certified life coach.



District Center
— for —
Integrative Medicine

INTEGRATIVE AND FUNCTIONAL MEDICINE

approach the practice
of medicine holistically.

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Washington, D.C, Jan 12, 2021 ([Issuewire.com](https://www.issuewire.com)) - District Center for Integrative Medicine, a [Washington D.C. integrative and functional medicine](#) practice, is pleased to welcome board-certified family medicine physician, Dr. Gelane Gemechisa.

[Dr. Gelane Gemechisa](#) graduated from the University of Maryland School of Medicine and finished her Family Medicine Residency Training at the hospital of the University of Pennsylvania. As the child of an immigrant family that embraces traditional therapies, Dr. Gemechisa's interest in [integrative and functional medicine](#) long preceded her desire to be a physician. But her conventional medical education in the United States didn't tap into that interest. In fact, it was not until she experienced her own health issues as a doctor that her belief in an alternative approach to medicine took on new urgency.

"I am thrilled to be part of the DCIM journey toward restored well-being, and I look forward working with the team to bring about patients most robust, thriving health!" says Dr. Gelane Gemechisa "Fueled by my own personal experience, my goal in working with patients is to first and most importantly understand the whole person. I came to DCIM because I believe my practice of medicine must allow the time and the resources to understand everything that is contributing to the presentation of a patient's symptoms."

DCIM's [Washington DC integrative medicine](#) doctors are particularly well suited to develop treatments for these patients, and DCIM's [holistic medicine](#) approach empowers its doctors to detect these diseases and look into the root causes. Related symptoms uncovered as a result of DCIM's 90-minute appointments include [fatigue](#), cold intolerance, weight gain, constipation, [hair loss](#), dry skin, muscle aches, and [menstrual irregularities](#). Depending on indications, treatment may include developing an individually tailored health and diet plan, a supplement regime, and, if necessary, thyroid replacement hormone therapy.

Patients who believe they may have a thyroid disorder or those who experience the symptoms mentioned above should contact DCIM to book an appointment. To learn more about DCIM and its approach to medicine, please visit our website.

Visit [District Center for Integrative Medicine](#).

About District Center for Integrative Medicine

The District Center for Integrative Medicine (DCIM), founded and directed by Dr. Anjali Dsouza, heals patients through a deeply individualized and holistic approach to health. We treat individuals with chronic complaints and conditions that persist despite the conventional managed-care model, as well as those looking to achieve the highest level of wellness. By prioritizing the patient-physician relationship, we take the time and resources to understand every aspect of your medical history, as well as nutritional and environmental factors that affect your well-being. Our role is to acknowledge your body's innate capacity to heal and to cultivate it.



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