

Barbara Andrade, PT, DPT, CLT, a Physical Therapist with Doctors Community Hospital

Get to know Physical Therapist Dr. Barbara Andrade, who serves patients in Lanham, Maryland.



New York City, Jan 4, 2021 ([IssueWire.com](https://www.issuewire.com)) - Dr. Andrade is a licensed physical therapist & a certified lymphedema therapist. She aids in the prevention of injuries, as well as the restoration of mobility. Since 2015, she has been in practice with Doctors Community Hospital in Lanham, Maryland.

Offering a wide range of medical and surgical services, Doctors Community Hospital provides comprehensive programs to address the varying needs of the community. It is a part of Luminis Health with a mission to advance health care in the county and region.

Throughout her academic career, Dr. Andrade graduated with her Associate of Arts degree in Pre-Physical Therapy Studies from Montgomery College in 2009. She then went on to earn her Bachelor of Health Science degree in Pre-Physical Therapy Studies and her Doctor of Physical Therapy degree from Howard University in 2012 and 2014, respectively.

As for her training, she completed her clinical internship in physical therapy at MedStar Southern Maryland Hospital Center from May of 2013 until July of 2013. This was followed by an additional clinical internship in physical therapy at Doctors Community Hospital Lymphedema Center from May of 2014 until August of 2014.

Physical therapy (PT), also known as physiotherapy, is one of the allied health professions that, by using evidence-based kinesiology, electrotherapy, shockwave modality, exercise prescription, joint mobilization, and health education, treats conditions such as chronic or acute pain, soft tissue injuries, cartilage damage, arthritis, gait disorders, and physical impairments typically of musculoskeletal, cardiopulmonary, neurological, and endocrinological origins. Physical therapy is used to improve a patient's physical functions through physical examination, diagnosis, prognosis, physical intervention, rehabilitation, and patient education. It is practiced by physical therapists (known as physiotherapists in many countries).

On a more personal note, Dr. Andrade speaks several languages, including English, Spanish, and Portuguese.

Learn More about Barbara Andrade:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/82738335-Barbara-Andrade-Physical-Therapist> or through Anne Arundel Medical Center, <https://aahs.org/find-a-provider/Barbara-Andrade-Sorto/>

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