

Amy Corey Launches New Era of “Touring” For Her Mental Health Public Speaking



Kensington, Jan 1, 2021 (IssueWire.com) - Mental health public speaker, recording artist, songwriter, writer, and ambassador, Amy Minh Hanh Corey adapts her brand in the wake of the Coronavirus pandemic by launching a new touring outline to continue her mental health public speaking to schools across the United States and world. Adapting early to the potential reality that most schools would remain online she recreated a new outline and script that still reflects her original mental health speech that told her unbelievable story of overcoming being adopted, bullying, attempted suicide, depression, self-harm, eating disorders, family death, and so much more. Through those experiences and what she calls “growing pains” Amy learned how to master her mind, awareness, and perspective to be able to stay calm in the chaos and turn all that negativity into power, and drive that lit up her passion to create the life, career, and powerful mindset she has today. After maintaining her recovery for over seven years now, she is the evidence of survival and ready to show how she maintains her mental health, recovery, life, career, and positivity in the chaos of her own world with also the outer world’s influence amidst the Coronavirus Pandemic. Her mindset, compassion and understanding to those who feel misunderstood has made her expansion in public speaking a priority to her life, career and purpose.

Amy commented: “Public Speaking is an honor and privilege. It has given me the platform to dig deeper in sharing my story beyond three minutes and I am able to connect with fans and people in a way music never did. With Speaking I can truly listen to those who want to be heard and show them that I understand them, instead of hogging the microphone and singing for three minutes about my pain in hoping someone relates to that. To be able to interact personally and directly I can show them that I understand and empathize with them. I still have all my scars and vivid memories of my darkest days and years, and I think it shows them that I’m real and has been through everything they have and knows that it’s hard to choose to get better, but that it is possible. More importantly I love it cause I can spark the light of their own strength within themselves to choose to do it in their own lives, and be able to speak out and be open about it. They not only learn to trust me but trust in general that someone wants to listen to them and show them that they are not alone.”

Moving to Nashville TN at eighteen and releasing multiple singles and sticking her fingers in pots in multiple industries, she quickly gained recognition and praise from public figures throughout multiple industries including: Gary Vaynerchuk (Gary Vee), Dr. Oz, Kevin Guest, Dolly Parton, Scott Conant, Andy Wilman, Thomas Gabriel Cash, Kent Wells, Madame Ton Nu Thi Ninh, hit songwriters, and fans around the world. Amy's story and message has also been publicized through TV, Magazines, radio and blogs, including Fox: Rock and Review, Today in Nashville, Balcony TV, A&R Factory (UK) ” Southern Oregon Magazine, and other magazines, blogs, radio and tv around the world.

As Amy turns twenty-four in this new year, she continues pushing and moving her own career and creative passion and empire forward. Being inspired and up for a challenge by the restrictions of COVID, Amy moved to London England in July 2020 on the way to returning to Ho Chi Minh City, Vietnam to continue her creative expansion with other creative writing and entrepreneurial projects. In November 2020 Amy finally received official entry into Vietnam but made the decision to remain in Europe to see through potential passion projects there and return to Vietnam when she felt the time was right and could bring more of herself and career. Amy admits the decision and the pressure was unbelievable but commented on her decision saying:

“I don't feel bad or have any pity for myself cause I clearly walked myself into this situation. My love for

Vietnam was in battle with the reality of the rest of the world. I knew what I would lose by leaving London without a solid “yes” or “No” from multiple opportunities, and didn’t want to give up on those. The original plan was to always go to Vietnam and I wanted to go and step into my Ambassador role with the peace organization who were the ones who got me official approval to enter. But there were other projects I was not ready to fully commit too with the circumstances presented at the time and the trauma and change I was setting myself up for that would last the project. In the end I had to choose what was best for myself, my career, and my own mental health. I stand grounded in my decision, and I understood that the heaviness I felt was truly the disappointment I had towards myself on letting the Vietnamese Government, my friends, and people in Vietnam down. It took a few days to get back on my feet, but I know myself and my mind so well and how to turn pain into power and did just that to create and put action to all of this. I get very defiant, and confident and become my most powerful when I feel at rock bottom and was under pressure like never before. That made and makes me work a lot harder, and faster!”

That power inspired her creative mind to be able to structure and re-create her public speaking outline. Adapting to both online and in-person schools and with respect to schools budgets, Amy will now offer plans and different appearance fees options to speak to specific classes for an entire week. Amy is still booking the rest of this school year and also next school year as well. She invites all schools, and businesses into this new era of public speaking as we all continue to adapt to these times and the new world.

“Even in a time where light is so dim in the world, know that it is always within you. I vowed that I would not only survive in this but thrive as well in continuing my Mental Health Public Speaking not for myself, but for you! A lot is changing but a lot needs to change, especially with mental health and feeling understood. More and more people of all ages are feeling the weight of their own minds, and I am thankful in a way that I already have overcome it all to be able to help and heal now. Finding your own light is your own journey, I can not tell you what to do, but I can show you it is possible, and that I understand you, and my story, career, and life is the evidence of that. I hope it helps you light your own light and fire to then accomplish your battles, wars, journey, and I will be rooting you every step of the way!” - Amy Minh Hanh Corey

For more information and booking please visit <https://www.amycorey.com>



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