

Albert P. Allick, MD, a Psychiatrist with Quality Life Counseling

Get to know Psychiatrist Dr. Albert P. Allick, who serves patients in Fargo, North Dakota.



New York City, Jan 15, 2021 ([Issuewire.com](https://www.issuewire.com)) - Dr. Allick has extensive experience practicing psychiatry with a career spanning over 20 years. He acknowledges that it is only when we live our true self that we find happiness, and takes a holistic approach, integrating both the western and eastern philosophy of medicine, to help his patients pursue their goals.

At Quality Life Counseling, he treats all psychiatric conditions and is highly skilled in working with trauma, grief, palliative care, leadership skills, and mindfulness-based CBT. His experience includes treatment of all age groups and he has worked in both inpatient and outpatient settings. He has also worked extensively with Native American populations as well as refugee populations.

Obtaining his Bachelor of Science degree in Psychology from the University of North Dakota, Dr. Allick went on to embark on his medical journey. He graduated with his medical degree from the University of Minnesota Medical School in 1996, after which he went on to further his training. He completed his residencies in psychiatry at the University of Wisconsin Hospital and Clinics in Madison and at the John A. Burns School of Medicine at the University of Hawaii in Honolulu.

Passionate about his profession, the doctor is board-certified in psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

Licensed to practice medicine in North Dakota, Minnesota, and Wisconsin, Dr. Allick is affiliated with Vibra Hospital of Fargo and Sanford Medical Center Fargo.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Helping individuals find their 'true self', Dr. Allick is a volunteer yoga instructor, a mentor, and outreach to Native American youth and LGBTQ populations. He strives to promote mental health and self-care as well as to expand spirituality training.

Among his various awards and accolades include a member of the Psi Chi National Honor Society, recipient of the Inmed Premed Student of the Year Award, recipient of the National Leadership and Achievement Award for Outstanding American Indian, member of the Phi Eta Sigma Honor Society, winner of the AISES Scholarship, and listed on the Dean's List.

Learn More about Dr. Albert P. Allick:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1694572-Albert-Allick-Psychiatrist> or through Quality Life Counseling, <https://www.qualitylifementalhealth.com/MeetAlbertAllickMD.en.html>

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Media Contact

FindATopDoc

sarah@findatopdoc.com

Source : Albert P. Allick, MD

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