

ABI BRIGZ HAS TAKEN INDIE POP TO THE NEW HEIGHTS WITH ‘Swimming With My Demons’



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Abi Brigz is here with a new EP “**Swimming With My Demons**”, all about what is going on in her life, her past experiences, and rough nights. Following on from the success of her excellent single, ‘You and I’, already garnering radio plays, Bloomfield-based singer-songwriter, Abi Brigz, has released her powerful new EP that lights up the gloomy day and bring you back to the good times. Featuring **Ak Angel**, **King Trippy**, **Korri Samaad**, and **Heebzstreet**, you just know that this is something special for your senses to lather inside and hold onto tight.

“If I’m being completely honest I don’t know how I didn’t end up in the hospital...”

It's this extraordinary journey to where she finds herself now that is captured on Abi's EP, "**Swimming With My Demons**": a record – and a state-of-mind, in many ways – that she has worked towards her whole life. The stylistically diverse EP exhibits the best of the artist's passionate approach to production, which knows no bounds when it comes to pulling from a plethora of genres. Each track on her new EP is a top single in its own right. '**Anxiety**' helps us accept our struggles and find the right path, while '**Summer16**' holds the warm memories, and these two tracks start proceedings quite nicely. Abi's songs need to be heard far and wide in the world - she is expressing her feelings about what happened, reflecting on personal experiences and thoughts. She appears to still be dealing with a lot and is working out in her mind what transpired and to start the healing process.

"Whenever I listen to Summer16 it helps me forget about what happened behind the scenes that

summer, my song reminds me of the good memories and the fun I had." This is the message from

Abi prefers to let her music do the talking and not to get bogged down in any one box.

Abi's music has become a soundtrack – for her impassioned fanbase, but also for herself – on how to turn those dark times into your advantages. We are all just going to have to stay positive and reinvent ourselves to survive, and Abi helps you overcome bad days while also giving us some truthful facts. She may take influence from the likes of **Billie Eilish**, **Halsey**, and **Tove Lo**, but discernibly, she runs with her resounding style; and the airwaves are all the better for it. "**Swimming With My Demons**" from the wildly talented **Abi Brigz** is an excellent EP that showcases the incredible variety that this young musician has deep inside her soul. She is trying out a few different styles to find which one she enjoys the most, and this is an exciting period for her, as she builds up her fan base and also knowledge of the wild music

game. Abi makes art that forces you to look much deeper within than most music out there, due to a break-away style that is ever-evolving and original. We have no doubt that Abi will continue releasing tracks that make life feel infinitely more endurable.

"I wanted my fans, my audience, to know if you have anxiety, whether it's as bad as mine or not, you have the power to overcome it, and those dark days can turn into light. You are not alone!"

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Hear this amazing EP on her [Spotify](#) and see more on [Instagram](#)

collabratix@gmail.com, +917410764263, [Instagram](#)

For more information, promo requests, or to arrange an interview, contact Collabratix at (collabratix@gmail.com), (+918805803134).



Media Contact

Collabratix

collabratix@gmail.com

+917410764263

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