

A new ebook - Mutual Healing after the Affair

A new model for assisting all couples during difficult times

London, Jan 6, 2021 ([IssueWire.com](https://www.issuewire.com)) - I am delighted to announce the publication of a new e-book, "Mutual Healing after the Affair: A model for assisting couples during difficult times".

The couple relationship has rarely been under the pressure that it is at the moment. This pressure is heightened by Covid-19 and the current lockdown. Little wonder that relationships are feeling the strain. There are numerous reports of the lockdown ending relationships, or at the very least creating tension where the usual ways of resolving issues are greatly reduced.

This book has a focus on infidelity, however, it also offers strategies for resolving tension and reducing conflict. All couples will benefit from this very practical approach to strengthening relationships.

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