

What are the complications of not treating hair cysts?

Tehran, Dec 21, 2020 ([Issuewire.com](https://www.issuewire.com)) - The **pilonidal sinus** is a less common type of anal disease that has become widespread today due to major lifestyle changes and decreased mobility. Pilonidal cysts are caused by hair returning to the skin. This condition can be caused by factors such as skin abrasion, wearing inappropriate clothing with abnormal fibers, sitting for a long time and being overweight. To be created.

It can also cause symptoms such as fever, pain, burning, itching, redness and inflammation, and can cause bleeding. Many people refuse to treat the cyst because it is located in a sensitive area of the body and because of factors such as fear or embarrassment. Another group of patients thinks that it is possible to treat pilonidal cysts with home methods, which can also lead to long delays in the treatment process and recurrence of the disease and complications of pilonidal cysts.

Common complications of pilonidal cysts

This complication should be treated as soon as possible, because if neglected and not treated, serious complications may occur and even the healing process may be disrupted.

Lack of treatment of this disease causes the spread of infection and this does not result in anything other than complicating the disease and the process of its recovery. Inattention to treatment does not lead to complications other than severe pain, recurrent infections and abscesses, tissue destruction, inflammation and severe swelling of the cyst, and can lead to the removal of more tissue during surgery or, ultimately, other Organs become infected. All of these factors make treatment complex and difficult, and sometimes increase recovery time several times over.

So far we have dealt with the complications of pilonidal cysts, which are only unpleasant and can disrupt the treatment process, but one of the most important complications that may even be life threatening is the possibility of skin cancer.

This cancer develops if the cyst is not treated for a long time. Because the infection of the cyst causes the skin cells to gradually change; And cause skin cancer. In this case, the cancer starts from the infected tissue around the sinuses and gradually spreads to other parts of the body.

The only way to cure this disease is surgery and the use of invasive methods for treatment, because pilonidal cysts can not be treated with medicine. But one of the simplest methods is to treat pilonidal cysts with laser, which has caused the treatment steps to be done in less than an hour and the recovery period to be greatly reduced. Laser pilonidal cyst is also a method without pain or bleeding.

Laser treatment allows even people who do not have enough time for surgery to be able to treat their disease and not be exposed to the complications of pilonidal cysts

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