

Saira Saqib, MD, a Psychiatrist with Flagler Hospital

Get to know Psychiatrist Dr. Saira Saqib, who serves patients in Saint Augustine, Florida.



New York City, Dec 8, 2020 ([Issuewire.com](https://www.issuewire.com)) - Dr. Saqib is a trusted psychiatrist who holds privileges to practice at Flagler Hospital in Saint Augustine, Florida. Her experience enables her to offer effective outpatient, individualized psychiatric care.

Working together to connect the dots, she treats a number of mental health disorders, and provides a neutral ground for individuals, families, and couples. Some of the most common issues that she treats include: depression, anxiety, panic disorder, bipolar disorder, attention deficit disorder, trauma and PTSD, eating disorder, schizophrenia, and many more.

Flagler Health+ is an extension of Flagler Hospital, which has a 130 year legacy of caring for the

community. The 335-bed hospital has been named among America's 100 Best hospitals out of nearly 4,500 nationwide. It has also earned the Gold Seal of Approval™ from the Joint Commission for primary stroke care centers, national accreditation for its total hip and total knee replacement programs, accreditation from the American College of Surgeons' Commission on Cancer, and Center of Excellence designation for its bariatric surgery center. The mission of the hospital is "To provide the best patient experience with the best staff."

At the start of her academic career, Dr. Saqib graduated with her medical degree from Allama Iqbal Medical College in Pakistan in 1990. Upon relocating to the United States, she completed her training at Texas Tech University Health Sciences Center El Paso and the Brody School of Medicine at East Carolina University in 2005 and 2006, respectively.

Named a 2020 Top Doctor by Women in Medicine, Dr. Saqib is a member of the Florida Psychiatric Society, the American Psychiatric Association, the Florida Medical Association, and the American Medical Association.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

On a more personal note, Dr. Saqib speaks several languages, including English, Hindi, and Punjabi.

Learn More about Dr. Saira Saqib:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1734765-Saira-Saqib-Psychiatrist> or through Flagler Health, <https://www.flaglerhealth.org/find-a-provider/saira-saqib-md/>

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