

Katarzyna Przepiora, PT, a Physical Therapist with Sarasota Medical Natural Healing Center

Get to know Physical Therapist Dr. Katarzyna Przepiora, who serves patients in Sarasota, Florida.



New York City, Dec 14, 2020 ([Issuewire.com](https://www.issuewire.com)) - Recognized as a specialist in the field of physical therapy, Dr. Przepiora aids in the prevention of injuries, as well as the restoration of mobility. She is in practice with Sarasota Medical Natural Healing Center in Sarasota, Florida.

“The main emphasis at our clinic is to find the cause of health problems, and then to set up a natural course of care that will restore better health. We use nutritional supplements, herbal, and homeopathic medicines to treat underlying health issues along with hands-on physical medicine techniques and lifestyle changes. Most problems can be diagnosed after a simple history and exam” as stated on their website.

Emphasizing correction and restoration versus symptom treatment, Dr. Przepiora diagnoses and treats all types of physical injuries and problems with a comprehensive array of techniques. She specializes in manual manipulations, therapeutic exercises and modalities to help a patient reduce pain, restore mobility, rehabilitate an injury, or increase movement and overall function.

A member of the Polish Heritage Society, Dr. Przepiora graduated with her degree from college in 1993. She then served as a Professor at the National College of Naprapathic Medicine from 2005 until 2010.

Physical therapy (PT), also known as physiotherapy, is one of the allied health professions that, by using evidence-based kinesiology, electrotherapy, shockwave modality, exercise prescription, joint mobilization and health education, treats conditions such as chronic or acute pain, soft tissue injuries, cartilage damage, arthritis, gait disorders, and physical impairments typically of musculoskeletal, cardiopulmonary, neurological, and endocrinological origins. Physical therapy is used to improve a patient's physical functions through physical examination, diagnosis, prognosis, physical intervention, rehabilitation, and patient education. It is practiced by physical therapists (known as physiotherapists in many countries).

Learn More about Dr. Katarzyna Przepiora:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/543182-Katarzyna-Przepiora-Physical-Therapist> or through Sarasota Medical Natural Healing Center, <http://www.naturalhealingcompany.com/new-page>

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