

Elliot J. Gursky, MD, a Psychiatrist in Private Practice

Get to know Psychiatrist Dr. Elliot J. Gursky, who serves patients in Princeton, New Jersey.

New York City, Dec 9, 2020 ([IssueWire.com](https://www.issuewire.com)) - An established professional in the field of psychiatry, Dr. Gursky has been providing psychiatric services to children, teens, young adults, and families in Princeton, New Jersey since 1983. He specializes in the diagnosis and treatment of mood disorders, anxiety disorders, ADHD, behavioral disorders, eating disorders, and more. Dr. Gursky is on the Medical Staff of Penn Medicine Princeton Medical Center.

Providing a supportive and compassionate environment, Dr. Gursky's services include a thorough evaluation, medication management, patient education, and appropriate counseling. He follows a biological-developmental-psychosocial model. Brief interventions and family involvement are favored whenever possible, and he will work with each patient as a unique individual to address all of their concerns.

"Our belief is that the patient benefits most by following the psychiatric evaluation with a dynamic and in-depth plan of action which is focused on the emotional and physical health of the patient. This treatment plan can include medication for the diagnosis and short-term or long-term counseling or psychotherapy" as stated on his website.

Back in the early days of his academic career, Dr. Gursky graduated with his medical degree from the University of Wisconsin School of Medicine and Public Health in 1971. He then went on to perform his residencies in psychiatry at UW Health University Hospitals, followed by a fellowship in child and adolescent psychiatry at the Children's Hospital of Philadelphia, and the Department of Psychiatry of the University of Pennsylvania. Dr. Gursky continued as a staff physician at the Children's Hospital of Philadelphia, and as a member of the faculty of the University of Pennsylvania, until opening his private practice in Princeton in 1983.

Passionate about his field, he is board-certified in child and adolescent psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

In addition to being a Life Fellow of the American Psychiatric Association, Dr. Gursky is a Life Member of the American Academy of Child and Adolescent Psychiatry.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Learn More about Dr. Elliot J. Gursky:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1437672-Elliot-Gursky-Adolescent-Psychiatrist> or through his private practice, <https://www.princetonchildpsych.com/>

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