Seema V. Nambiar, MD, a Pain Management Specialist in Private Practice

Get to know Pain Management Specialist Dr. Seema V. Nambiar, who serves patients in Commack, New York.



New York City, Nov 23, 2020 (Issuewire.com**)** - Dr. Nambiar is recognized as a top specialist in the field of pain management. Having been serving the Long Island community for over 10 years, her private practice is located in Commack, New York.

“My goal is to help my patients look and feel better. Controlling pain helps patients live their lives. Cosmetic medicine helps improve appearance and increases self-esteem and confidence” as stated by Dr. Nambiar.

A firm believer in using a comprehensive and multidisciplinary approach to help relieve pain, she specializes in interventional procedures, musculoskeletal disorders, nonsurgical sports injuries, spine disorders, neuropathic pain, and rheumatologic disorders. She takes the time to thoroughly evaluate her patients before deciding the best treatment options.

A 1996 graduate of the Ross University School of Medicine, Dr. Nambiar has received specialized training in physical medicine and rehabilitation at the Baylor College of Medicine. She has also had years of experience in the use of various treatment options for pain, musculoskeletal injuries, and aesthetic medicine.

Among her hospital/surgical center affiliations include St. Catherine of Siena, Melville Surgical Center, Plainview Hospital Northwell Health, and St. Joseph's Hospital.

Priding herself on staying up to date in her field, Dr. Nambiar is board-certified in pain medicine & physical medicine and rehabilitation by the American Board of Physical Medicine and Rehabilitation (ABPMR). The mission of the ABPMR is to serve the public by improving the quality of patient care in physical medicine and rehabilitation. This is accomplished through a process of certification and maintenance of certification that fosters excellence and encourages continuous learning.

Pain management is a branch of medicine employing an interdisciplinary approach for easing the suffering and improving the quality of life of those living with chronic pain. A pain management specialist is a doctor who specializes in pain medicine, focusing on the evaluation, treatment, and prevention of pain.

For her outstanding work, Dr. Nambiar has been the recipient of Patients' Choice Award (2020), On-Time Doctor Award (2020), and Compassionate Doctor Recognition (2020).

Learn More about Dr. Seema V. Nambiar:
Through her findatopdoc profile, https://www.findatopdoc.com/doctor/1995919-Seema-Nambiar-Physiatrist-Physical-Medicine or through her private practice, http://painmedicinedoctor.com/about/

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