

Raegan Kate Lima, DPCM, LAc, an Acupuncturist with Lima's Acupuncture & Herbal Center

Get to know Acupuncturist Dr. Raegan Kate Lima, who serves patients in Eureka, California.



New York City, Nov 19, 2020 ([Issuewire.com](https://www.issuewire.com)) - Dr. Lima, a licensed acupuncturist, is the Founder of Lima's Acupuncture & Herbal Center in Eureka, California. She offers an integrative and holistic approach to health needs with services such as acupuncture, myofascial release, and more.

Well-equipped to help support her patients with a wide variety of medical needs, her specialties include

pain management, women's health, facial rejuvenation, mental and emotional wellness, medical Qi Gong, and herbal medicine.

In 2019, Dr. Lima graduated with dual degrees (Doctor of Philosophy degree in Chinese Medicine & Master of Science degree in Traditional Chinese Medicine) from Five Branches, University, Santa Cruz. Shortly thereafter, she became a licensed acupuncturist and returned to Eureka, where she was born and raised, all to be of service to a community she knows and loves.

In order to stay up to date in her field, she remains an active member of the Soroptimist International of Humboldt Bay.

Acupuncture is a form of alternative medicine and a key component of Traditional Oriental Medicine. It is a technique in which thin needles are inserted into the body and in some cases, electro-stimulation is applied to gently stimulate particular regions of the body. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of physical and psychological issues, such as anxiety, depression, insomnia, pain, digestive disorders, and infertility.

Learn More about Dr. Raegan Kate Lima:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/82738203-Raegan-Lima-Acupuncturist> or through Lima's Acupuncture & Herbal Center, <https://www.laahc.com/the-clinic>

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