

NourishDoc brings top Ayurvedic holistic practitioners for educational sessions in to mark Ayurveda Day

Consumers can learn from webinars and connect with top integrative practitioners to find natural therapies for common health conditions based on science and research.



Redwood City, Nov 12, 2020 ([Issuewire.com](https://www.issuewire.com)) - NourishDoc, the first 360 degree technology platform connecting wellness seekers and top holistic practitioners, announced today that it is offering free educational webinars on Ayurveda day. Integrative Ayurveda practitioners, professors, and researchers share their years of expertise in easy to understand informational sessions for natural remedies that can help heal millions around the world during these difficult times.

Consumers can easily learn and then connect with practitioners for their health concern across holistic therapies. They can learn [natural remedies for menopause symptoms](#), [home remedies for PCOS](#), [natural remedies for sleep](#), [natural remedies for gut health](#), and [ayurvedic diet for body constitution](#). Experts include those in integrative medicine, functional medicine, [Ayurveda](#), acupuncture, massage therapy, chiropractic, diet & nutrition, and holistic health coaches. The platform offers educational webinars, research, real world case studies, and client stories.

"Ayurvedic education in prevention and wellness for home remedies can go a long way in healing preventable conditions," said Nageen Sharma, CEO & Co-Founder, NourishDoc. "We created NourishDoc to be a tool that brings education and transparency to people who are confused about holistic therapies. They can now learn why and how holistic therapies can be effective for specific ailments from top integrative practitioners. Practitioners provide education for therapies, root causes of ailments, wellness plans that work, case studies, research, science, member stories and more to give consumers a 360 view that has been missing all along,"

Consumers can easily learn, share, and connect with top holistic practitioners. The platform offers consumers a learning oriented approach based on outcomes for their specific health concerns.

“We created NourishDoc platform for prevention & wellness to eliminate the confusion that can surround integrative approaches for healing. People want to hear directly from the practitioners about what the therapy can – or cannot – heal. They want to discover their practitioner support system to address health concerns before they worsen or address those where traditional treatments were ineffective,” he added.

The wellness tech startup places an emphasis on the quality of practitioners and therapies. They have to be rooted in science and research studies. The wellness seminars are presented by practitioners who are recipients of national awards, professors in prestigious universities, and with real world outcomes and research.

Health and wellness practitioners nationwide can sign up for free to list their practice on NourishDoc to share their expertise, grow their practice, enroll new clients, and manage the clients in an online platform.

About NourishDoc:

NourishDoc is the first-of-its-kind technology platform for wellness seekers to learn, explore, connect and recommend award-winning credentialed practitioners. NourishDoc serves as a platform for consumers to find for a certain condition the right therapy, the right practitioner, the right integrative practices and the right wellness plans. NourishDoc has over one thousand award winning practitioners in specialties such as integrative medicine, functional medicine acupuncture, Ayurveda, diet & nutrition, holistic health coaching, and other integrative therapies. To join an educational session, share your wellness story, or recommend holistic practitioners you love, visit <https://www.nourishdoc.com/>.



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