

Jerylyn Jacob, DC, a Chiropractor in Private Practice

Get to know Chiropractor Dr. Jerylyn Jacob, who serves patients in Staten Island, New York.

New York City, Nov 4, 2020 ([IssueWire.com](https://www.issuewire.com)) - Dr. Jacob has been in holistic chiropractic practice in Staten Island, New York since 1982. She incorporates a multifaceted approach to treating the whole person utilizing chiropractic, nutrition, and mind/body/spirit techniques.

Striving for better health and overall quality of life, the doctor is trained in nutrition, homeopathy, ayurvedic medicine, and functional medicine. In addition, she is certified in electrophysiological evaluation, primary spinal care, disability and impairment rating, and auricular therapy.

Back in 1981, Dr. Jacob graduated with her Doctor of Chiropractic degree from New York Chiropractic College. Since then, she has completed continuing education courses in mind, body medicine at Harvard Medical School.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

On a more personal note, Dr. Jacob is an ordained interfaith minister.

Learn More about Dr. Jerylyn Jacob:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1220224-Jerylyn-Jacob-Chiropractor> or through her private practice, <https://www.jerylynjacobdc.com/meet-the-doctor>

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