

## **Ibhalukholor Sedenu, DNP, APRN, FNP-BC, PMHNP-BC, an Family and Psychiatric Mental Health Nurse Practitioner with Nu Min**

Get to know Family and Psychiatric Mental Health Nurse Practitioner who serves patients in Orlando, Florida.



**New York City, Nov 24, 2020 ([IssueWire.com](http://www.IssueWire.com))** - Ibhalukholor is an advanced practice registered nurse, board-certified family nurse practitioner & board-certified psychiatric-mental health nurse practitioner. She is the Clinic Director at Nu Mind Body Health, a mental health clinic in Orlando, Florida.

As such, she provides comprehensive evaluations, personalized medication management, therapeutic cognitive strategies, and specialist referrals as needed in order to address the needs and desired outcomes of each individual. She also brings compassion, enthusiasm, and a wealth of experience to improve quality of life.

Her clinical experiences include assignments at Advent Health, Orlando Health, several central Florida Skilled Nursing facilities, and Behavioral Health facilities. As an Adjunct Professor within the Nursing Department at Regis College, she also enjoys sharing her wealth of knowledge.

At the start of her academic career, Ibhalukholor earned her nursing degree from the Seminole State College of Florida, followed by her Bachelor of Science in Nursing degree from the University of Central Florida. Furthering her education, she went on to obtain her Master of Science in Nursing degree - Family Nurse Practitioner Program from the University of Central Florida College of Nursing, her Post Master's Certificate in Psychiatric-Mental Health Nurse Practitioner from Regis College, and her Doctor of Nursing Practice degree from Touro University Nevada.

In order to stay up to date in her field, she remains an active member of the Florida Association of Nurse Practitioners and the Nigerian Nurses Association Florida.

An Advanced Practice Registered Nurse (APRN) is a nurse who has obtained at least a master's degree in nursing. APRNs may work across various healthcare settings, including hospitals, ambulatory clinics or long-term care facilities. They provide medical support and preventative care to patients, along with additional responsibilities of coordinating patient care and using specialized knowledge to manage complex patient conditions. APRNs can diagnose and treat as well as order and interpret tests and prescribe medications.

A Board-Certified Family Nurse Practitioner (FNP-BC) is an advanced practice registered nurse who holds board certification and works autonomously or in collaboration with other healthcare professionals, to deliver family-focused care. Given the rather broad nature of the "family" patient population focus, FNPs offer a wide range of healthcare services that revolve around the family unit; from health promotion and disease prevention to direct care and counseling across the lifespan.

In the United States, a Psychiatric-Mental Health Nurse Practitioner (PMHNP-BC) is an advanced practice registered nurse who holds board certification and is trained to provide a wide range of mental health services to patients and families in a variety of settings. PMHNPs diagnose, conduct therapy, and prescribe medications for patients who have psychiatric disorders, medical organic brain disorders or substance abuse problems. They are licensed to provide emergency psychiatric services, psychosocial and physical assessment of their patients, treatment plans, and manage patient care. They may also serve as consultants or as educators for families and staff.

**Learn More About Ibhalukholor Sedenu:**

Through her online profile, <https://todaysnurse.org/network/index.php?do=/4146982/info/> or through Nu Mind Body Health, <https://numindbodyhealth.com/providers>

## **Media Contact**

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