

Have fun at home while helping the environment and contributing to your community.

Los Angeles, Nov 21, 2020 ([Issuewire.com](https://www.issuewire.com)) - This November, the CDC suggested we consider skipping Thanksgiving. With the spread of the COVID-19, Pandemic life is about to get more challenging. We are all suffering from pandemic burnout. It feels like we have sacrificed so much of our lives, and the loss is palpable. It's difficult to remember to take some time to stop and be truly grateful for all that we have.

Let's take a few minutes to appreciate our family and friends, even if we are only getting together on zoom. Time to appreciate our warm, cozy, and safe homes in sunny Los Angeles, access to abundant food, and of course, the unlimited streaming movies and shows on demand. People certainly didn't have that in the 1918 pandemic!!!

Our Air Planet Team would like to give Thanks to our customers. Our family wishes your family the best of everything this Holiday Season. As your neighborhood heating repair company in Los Angeles, we pledge to keep your heating working efficiently and your family warm and cozy for the holidays and all year round.

To help you get inspired for the Thanksgiving Holiday, we'd like to share some tips and ideas from your HVAC contractors in Los Angeles to have fun at home while helping the environment and contributing to your community.

Make some time to Give Back.

Not only does it make a difference when we take simple steps to help others, but it brings joy to us as well. Work with a local business or organization that could use a hand taking care of people who have been impacted by the pandemic. Help the local food banks by lending a hand, making a food donation, or a financial contribution. Find out what the front-line workers need in your community. Check on a neighbor. Offer to walk their dog, run an errand, or simply have a conversation with a person you know is living alone. Now is the time we need each other. You can make a difference by just giving your time.

Family Ecco Friendly Fun Projects from your HVAC company in Los Angeles

Craft Face Masks: Make some face masks for your friends, family, and co-workers. There are many patterns online and instructions to make masks. They only require simple sewing skills. Recycled tee shirts make great masks and keep them out of the Los Angeles landfill. All you need is scissors and a tee shirt. Get creative with fabric choices. They can be functional, funny, and fashion-forward! Donate them to your front-line workers.

Your hand-crafted masks will be greatly appreciated.

Repurpose, Recycle, Reuse: Don't send that old desk or bookshelf to the trash heap. Kids, is it time to redecorate your rooms? Have fun switching up your room decor by accessing your creativity. Play with a purpose. There are so many DIY videos online to inspire your choice of designs, paint choices, and materials. Pick a cool new theme for your room, and then go for it. Create a new world to liven up your home school space while helping the planet.

Tips for Taking Care of You, The Planet and Your Community

Pay attention to your energy usage.

Now that it's getting darker earlier and we are spending more time with our families indoors, it's time to revisit our energy usage. In Los Angeles, the energy company rewards us for using less energy during peak hours, so I end up doing the laundry at nine o'clock at night.

Here are two simple ways to save on your electric bill and help save the environment.

#1 turn off your technology when you are not using it. I walked around the house one evening and found two televisions that were not in use, two laptops, and a video game player.

Someone had left the lights on in the garage and a fan going in the exercise room. Remember when you were a kid and your parents said "turn out the lights when you leave the room. That still applies. Also, when you leave phone and technology chargers plugged in, they are consuming power even though you aren't charging anything. So, unplug and turn off when they are not in use. Your pocketbook will thank you and so will the earth.

#2 Change out the light bulbs for energy-efficient bulbs. Lower your carbon footprint while reading your favorite novel. Change out the light bulbs. Replace your old bulbs with energy-efficient LED bulbs. These new bulbs are ninety percent more efficient and last about fifteen years. Not only do they save you money, but you won't have to get out the ladder and start changing bulbs for a very long time. The lower energy usage means lower CO2 emissions., lowering your carbon footprint.

Your Heating and Cooling Company in Lost Angels can help you to improve the air quality in your home

Flu season has arrived, and we are spending more time at home. Unless it's fire season we don't put much thought into the air quality inside our homes. The quality of the air we breathe is critical to our respiratory health.

If you have anyone in the family with allergies, autoimmune diseases, or asthma they are extremely sensitive to the quality of the air. There are some simple steps that your local HVAC repair company in Los Angeles recommends improving the quality of the air in your home. Change the filter in your vacuum to a HEPA rated filter and vacuum frequently. This will get rid of pet dander, dust mites, and allergens.

Make an appointment with the HVAC company near you to have your furnace cleaned and your filter replaced. Not only will that improve the air quality but will save you money. When the furnace is not regularly serviced and the filter replaced, often the furnace will cycle and cycle. It will not work at optimum efficiency. Not good for the environment or your pocketbook.

Have you had your fireplace and chimney cleaned in the last few years? You can also think about installing an air purifier. These simple and inexpensive steps will maintain the performance of your furnace and the quality of your air, allowing you and your family to have a happy, healthy, and safe Thanksgiving Holiday.

Call Air Planet, the top HVAC contractors in Los Angeles. Schedule your HVAC maintenance or repair. We look forward to serving your home and commercial heating and cooling needs.

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