

## David Amador, LAc, an Acupuncturist with Eastside Acupuncture and with Longevity Complementary Care Center

Get to know Acupuncturist Mr. David Amador, who serves patients in East Syracuse and Macedon, New York.



**New York City, Nov 12, 2020 ([Issuewire.com](https://www.issuewire.com))** - Mr. Amador, a licensed acupuncturist, evaluates and treats patients based on the concepts of Traditional Chinese Medicine (TCM). He specializes, but is not limited to, sports medicine, pain management, and Tui Na (a form of Chinese medical massage). Currently, he practices at Eastside Acupuncture and Longevity Complementary Care Center in East

Syracuse and Macedon, New York, respectively

His mission is to provide consistent, affordable, high quality, and compassionate care to patients and teach them the importance of maintaining wellness and advocating for their care. Both clinics provide acupuncture and Chinese medicine-based care to community members and specializes in the treatment of sports injuries, pain conditions and women's health. It also offers a more holistic approach to treating digestive, gynecological and autoimmune conditions.

Born in Mexico City, Mr. Amador began his studies in Taijiquan, Qigong, and Gongfu in 1986. Years later, in 2019, he graduated from the Finger Lakes School of Acupuncture and Oriental Medicine at New York Chiropractic College.

To date, he has completed over 4,000 hours of clinical training that included a clinical internship at Zhejiang Hospital of Traditional Chinese Medicine. He has also participated in dozens of seminars and workshops in Mexico, Puerto Rico, Spain, Canada, the United States, and China. In Puerto Rico, he taught medical qigong in the Hospital Español Auxilio Mutuo for twelve years.

Certified through the National Certification Commission for Acupuncture and Oriental Medicine, Mr. Amador is a Certified Instructor of the Five Sections Taijiquan Program. In addition, he is a member of the American Society of Acupuncturists and the Acupuncture Society of New York.

Acupuncture is a form of alternative medicine and a key component of Traditional Oriental Medicine. It is a technique in which thin needles are inserted into the body and in some cases, electro-stimulation is applied to gently stimulate particular regions of the body. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of physical and psychological issues, such as anxiety, depression, insomnia, pain, digestive disorders, and infertility.

Outside of the office, Mr. Amador enjoys hiking, climbing, camping, and photography. He also practices Yang Style and Chen Style Taijiquan.

### **Learn More about Mr. David Amador:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/82738132-David-Amador-Acupuncturist> or through

Eastside Acupuncture, <http://www.eastside-acupuncture.com>

Longevity Complementary Care Center, <http://www.longevityccc.com/meet-our-team.html>

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