

California College Grad Launches Book to Equip Students for College Journey



Los Angeles, Nov 7, 2020 ([Issuewire.com](https://www.issuewire.com)) - Students and mature learners intending to go to college now have a new resource to help them prepare for the journey with the new book, *How to Get Through College: And What I Wish Someone Told Me*.

Written by Alexis Williams, *How to Get Through College*, is a definitive guide designed to help readers navigate through college. The author shares her experiences during college about what she wished she knew about:

- **Choosing the right college**
- **Dorm life**
- **When financial aids hits**
- **Peer pressure**
- **Tutoring and office hours**
- **and more**

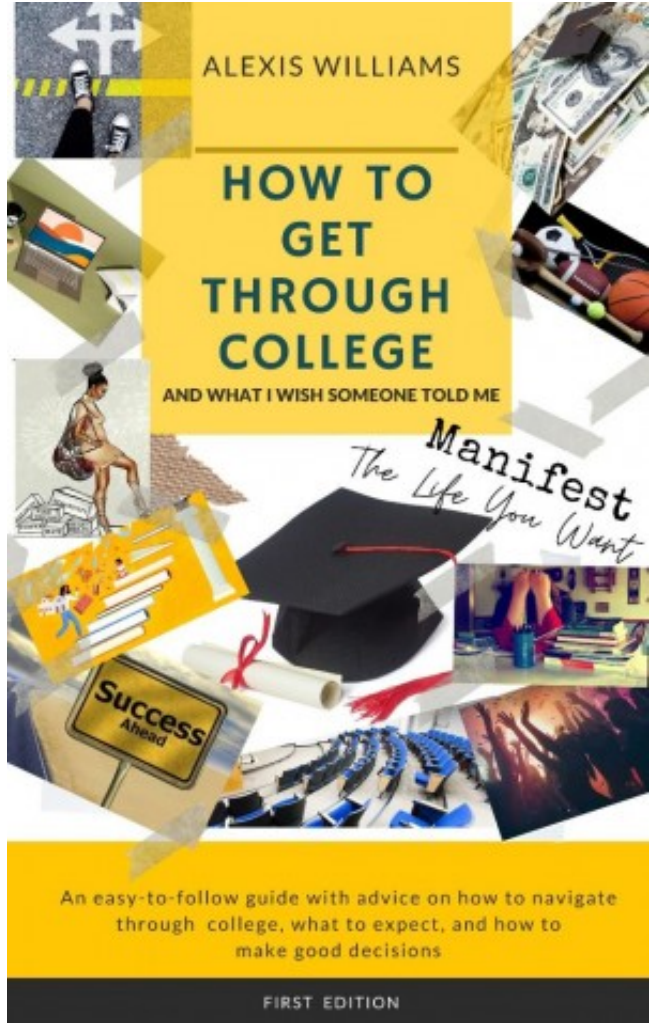
Williams holds a Bachelor's Degree in Sociology from California State University and is the first person in her family to graduate from college. When asked about her motivation for writing the book, she explained: *"Although I made it through college, I believe the journey would have been a lot less stressful if I knew what to expect. I have learned so much from my college experience. So I wrote this book to equip others with the knowledge I wish I had when I started."*

But Williams doesn't only share her experiences and offer encouragement, she also includes activities in the book to help readers pursue their purpose, set goals and follow their dreams. The book is available in Kindle and paperback formats on Amazon.com and other retail stores.

To learn more about the author, visit www.alexisrenae.com.

<https://www.amazon.com/How-Get-Through-College-Someone-ebook/dp/B08L89BGR9>





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