

Bambi Maxine Rattner, PsyD, a Licensed Clinical Psychologist with Intensive Therapy Retreats

Get to know Licensed Clinical Psychologist Dr. Bambi Maxine Rattner, who serves patients in Northampton, Massachusetts.



New York City, Nov 20, 2020 ([Issuewire.com](http://www.Issuewire.com)) - Dr. Rattner, a licensed clinical psychologist, is the

Founder of Intensive Therapy Retreats in Northampton, Massachusetts. She specializes in private intensive therapy retreats that offer significant results in days, not years.

Seeing patients of all ages, her retreats combine recent advances in neuroscience and attachment research with eye movement desensitization and reprocessing, progressive counting, and internal family systems, thereby enabling her to get right to the heart of the problem so that symptoms are totally eliminated or significantly decreased. Namely, her step-by-step therapeutic process offers lasting relief from the effects of physical, emotional, and sexual abuse, PTSD, anxiety, grief, depression, chronic stress, low self-esteem, divorce, sleep or insomnia, life transitions, and relationship issues.

Throughout her academic career, Dr. Rattner graduated with her Master of Science degree from the University of Rochester in 1987 and has been in practice ever since. She received her Doctorate degree in Psychology from the Massachusetts School of Professional Psychology (now known as Williams James College) in 1997 and has worked in pretty much every setting, with every age and every population. She started in residential, inpatient psychiatric units & sheltered workshops, as well as has worked in schools and nursing homes, seeing clients outpatient and in-home.

Trained in Eye Movement Desensitization and Reprocessing (EMDR), Dr. Rattner received her certification in 2016. She feels that clients are experts in themselves, and with EMDR, she can effectively tap into their innate drives not only to survive, but to flourish. She learned Progressive Counting (PC) in 2016, furthering her abilities to access clients' core issues and allow them to heal.

She is now certified in both EMDR and PC and became an EMDRIA (EMDR International Association) Approved Consultant in 2020. She regularly utilizes Internal Family Systems Therapy (IFS) during sessions to facilitate emotional processing.

"Using the Intensive Model, conducting Intensive Trauma Retreats, enabled me to have a way to bring all my clinical skills together to treat clients in what I honestly believe is the best way possible. Working with someone over the course of an eight hour day, multiple days in a row, allows the time and space to progress chronologically through a client's worst things list, providing lasting change, growth, and emotional health" expressed Dr. Rattner.

Clinical psychology is a broad branch of psychology that focuses on diagnosing and treating mental, emotional, and behavioral disorders. Some of the more common disorders that might be treated include mood disorders like depression, anxiety, or bipolar disorder, in addition to trauma influenced problems such as personality disorders and behavioral difficulties like eating disorders. Licensed clinical psychologists meet with patients to identify problems - emotional, mental, and behavioral - occurring within their lives. Through observation, interviews, and psychological tests, they aim to diagnose any existing disorders or difficulties for their patients.

Learn More about Dr. Bambi Maxine Rattner:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/82738118-Bambi-Rattner-Psychologist> or through Intensive Therapy Retreats, <https://www.intensivetherapyretreat.com/bambi-rattner/>

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Your Health Contact

clientservice@yourhealthcontact.com

Source : Bambi Maxine Rattner, PsyD

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