

Avail Cosmedocs' Botox Treatments to Address Your Struggle with Bruxism and Migraine

London, Dec 1, 2020 ([IssueWire.com](https://www.issuewire.com)) - CosmeDocs is a range of private, specialist clinics spread across the United Kingdom and Dubai, offering a wide variety of effective cosmetic treatments at highly competitive prices. For botox treatment, clinical experience is a must, and one of the botox experts is Cosmedocs in the UK. Cosmedocs is among those who are first offering botox for bruxism and migraine in the UK through a range of aesthetic procedures. The founding director, aesthetic physician Dr. Ahmed Haq is an expert in the field who is working alongside an extremely professional team who helps him in providing the best treatments offered in the UK.

Being quarantined and working from home, with no socialization, not being able to meet and spend time with loved ones alongside other consequences can have a profound impact on one's mental health, economy, education, jobs, businesses, and more. The major outcome of these problems is none other than stress, anxiety, and depression. They are just enough to bring about any health problem among which migraine and teeth clenching or bruxism are reported to be the most common of them all.

Severe stress can cause migraines. It is a recurring type of headache, usually affecting one side of the head. The pain starts behind one eye and spreads in half of the head. Although the leading cause is stress, it can also be triggered by light intensity, pungent smells, certain fragrances, paints, and smoke. The intensity can be moderate to severe. Migraine attacks can last for a few hours to even a whole day. The person undergoing migraine can have a mental break down, unable to carry on with life as it is not the case as it is with normal headaches. The pain is severe and often causes burning sensations. The person is under stress, lethargic, and feels weak and helpless. The episodes can go away with treatment and may come back when one gets exposed to the triggering factors mentioned above. Another problem is teeth clenching or bruxism. This is often related to anxiety and stress, and the cases being reported during lockdown are due to this reason solely. In this condition, people grind and clench their teeth unconsciously even they are asleep. It occurs during extreme stress. As a result, people suffer from facial pain and headaches, and over time it wears down their teeth. This, in general, affects 8 – 10% of the population, and due to stress during the lockdown, the ratio has increased.

Medical science has come up with many new technologies and advancements. From traumas to cancers, every condition can be treated. Likewise, teeth clenching and migraine are not an exception. One such treatment is botox that has proved to be effective for bruxism and migraine. There are known as botox bruxism and botox migraine. Cosmedocs have been doing botox for years, and the effects and results are guaranteed as the process and mechanism both are simple and easy, and one can't deny the effect they get after getting botox done. The whole process at Cosmedocs is fast and effective. It just takes 15-20 minutes with little to no discomfort depending upon the patient's condition. The botox blocks the neurotransmitter in the affected area and paralyzes the specific muscles that relieve the pain. The effect lasts for a few months until the muscle is recovered and needs to be repeated a few times for full recovery. The dose is according to the conditions, and the sessions are not too many to show up to every time. The cost is also negotiable depending upon the condition and sessions. Many patients who took botox sessions from Cosmedocs reported a significant decrease in bruxism and migraine.

Many people also question the credibility of botox. However, Dr. Ahmed Haq says: "Muscle relaxing injections such as botox are FDA approved for migraine and been widely used off label to improve symptoms of bruxism". Many studies have also approved Botox in the treatment of bruxism and migraines. If someone is suffering from any of these conditions and resides in the UK, he can surely visit

Cosmedocs where they would provide him with the honest recommendation, and he would get his treatment done through ultra-safe techniques providing him long-lasting results. To know more, feel free to connect with Dr. Ahmed Haq at <https://www.linkedin.com/in/dr-ahmed-haq-bbb5959/?originalSubdomain=uk>. In case of any queries or want to get any aesthetic treatment done contact 08008600178 or email at media@cosmedocs.com. For more information, visit the website at <http://www.cosmedocs.com>.

Media Contact

CosmeDocs

media@cosmedocs.com

08008600178

Source : CosmeDocs

[See on IssueWire](#)