

Yuliya Chernyak, LAc, an Acupuncturist with Central New Jersey Acupuncture & Wellness

Get to know Acupuncturist Dr. Yuliya Chernyak, who practices in Hazlet, New Jersey.



New York City, Oct 9, 2020 ([Issuewire.com](https://www.issuewire.com)) - Being a licensed acupuncturist, Dr. Chernyak is dedicated and passionate in working with all of her patients for improved fertility health and pregnancy outcomes for both mother and child, as acupuncture can offer tremendous benefits. She is the owner & operator of Central New Jersey Acupuncture & Wellness in Hazlet, New Jersey.

Her areas of specialization include fertility enhancement, pregnancy support, chronic pain, neuropathy, and fibromyalgia, especially when it comes to chronic and seemingly hopeless cases. Providing expert treatment through the administration of acupuncture and customized herbal medicine, it is her mission to help patients achieve their personal goals, whether it is the conception and full-term pregnancy or a pain-free life.

In 2008, Dr. Chernyak graduated with her Doctor of Acupuncture and Oriental Medicine degree from the Pacific College of Oriental Medicine. After her graduation, she continued her studies of infertility and pain management treatments.

From over a decade of experience as an acupuncturist and herbalist, she has an extensive background in women's health and fertility support. She is an active participant in the ever-advancing field of reproductive health, as a member of the American Society of Reproductive Medicine, and through her ongoing collaborations with renowned reproductive endocrinologists and fertility clinics throughout New York City and New Jersey.

Certified through the National Certification Commission for Acupuncture and Oriental Medicine, Dr. Chernyak's initial interest in acupuncture and Chinese medicine stemmed from her notion that health treatment and maintenance should be as holistic and as natural as possible. Her active lifestyle hobbies – high altitude mountaineering, wilderness backpacking, as well as being a long-time member of NY Road Runners and running the NYC marathon - required her to experience first-hand, how effective Eastern medicine is in managing and treating pain from injuries and maintaining stamina and an optimal health status.

Acupuncture is a form of alternative medicine and a key component of Traditional Oriental Medicine. It is a technique in which thin needles are inserted into the body and in some cases, electro-stimulation is applied to gently stimulate particular regions of the body. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of physical and psychological issues, such as anxiety, depression, insomnia, pain, digestive disorders, and infertility.

On a more personal note, Dr. Chernyak is an enthusiast of nutrition, the arts, and sailing. She enjoys spending time with her daughter and two nieces, her family, and her big fluffy dogs. She is a member of a Community Garden Association at Floyd Bennett Field, where she grows many ingredients for her home cooking.

Learn More about Dr. Yuliya Chernyak:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1704427-Yuliya-Chernyak-Acupuncturist> or through Central New Jersey Acupuncture & Wellness, <https://www.cnjacu.com/about-hazlet-acupuncture-clinic/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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