

Shantele Johnston, NMD, a Naturopathic Physician with The Seneca Clinic of Natural Medicine

Get to know Naturopathic Medical Doctor, Dr. Shantele Johnston, who serves patients in Tempe, Arizona.



New York City, Oct 9, 2020 ([Issuewire.com](https://www.issuewire.com)) - Dr. Johnston, a highly regarded naturopathic physician, addresses many different health ailments through an integrative and comprehensive approach. She is the Medical Director of The Seneca Clinic of Natural Medicine in Tempe, Arizona.

Her practice specializes in a full spectrum of neurological disorders, including: epilepsy, Alzheimer's disease, movement disorders, traumatic brain injuries, and Multiple Sclerosis. It aims to make evidence-based medicine and novel treatments more accessible to patients.

Addressing the individual cause of disease from a scientific and holistic approach, Dr. Johnston provides the highest quality of care in hormone optimization, gastrointestinal disease, autoimmune conditions, chronic infections, and mental disorders. She utilizes many modalities in her practice, allowing the best of naturopathic and conventional treatment to co-exist. This integrative approach diminishes the current climate of competitive healthcare and allows the focus of the practitioner to return to the patient's health.

In 2019, Dr. Johnston graduated Valedictorian with her Doctor of Naturopathic Medicine degree from Southwest College of Naturopathic Medicine. She received additional training in hormone replacement therapy, mental disorders, and primary care in a postdoctoral preceptorship at Desert Wellness Center.

With a background and interests heavy in multidisciplinary research, she decided to pursue integrative medicine to study ground-breaking healthcare practices and treatments.

The practice of naturopathic medicine includes modern and traditional, scientific, and empirical methods. Naturopathic medicine is a distinct health care profession, emphasizing prevention, management, and optimal health through the use of natural therapeutic methods and substances that encourage individuals' inherent self-healing process. Additionally, Dr. Johnston is extensively trained in pharmaceuticals, minor surgical and IV procedures, that she utilizes to fully embrace the benefit of integrative healthcare. Naturopathic physicians focus on prevention and root cause identification of acute and chronic imbalances to understand, restore, and establish optimal health.

Learn More about Dr. Shantele Johnston:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/82737942-Shantele-Johnston-Naturopathic-Physician> or through The Seneca Clinic of Natural Medicine, <https://seneca.clinic/about-us/>

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