

Patrick Bournalon, DC, CCSP, a Certified Chiropractic Sports Physician with Active Chiropractic and Rehabilitation

Get to know Certified Chiropractic Sports Physician Dr. Patrick Bournalon, who serves patients in Hillsboro, Oregon.



New York City, Oct 19, 2020 ([IssueWire.com](https://www.issuewire.com)) - Dr. Bourlon is a certified chiropractic sports physician serving as the owner & operator of Active Chiropractic and Rehabilitation in Hillsboro, Oregon. He offers a variety of services, including chiropractic treatment, therapeutic massage therapy, exercise rehabilitation, nutrition coaching, and more.

From the point of injury to long-term health, Dr. Bourlon is a firm believer that teaching patients to manage their health is the most important role he has. He makes it his mission to fully understand one's health condition. In doing so, he strives to help the patient develop a deep understanding of how to set appropriate health-related goals and work toward achieving them.

"We believe that the doctor-patient relationship is a partnership. We will build your trust by delivering what we promise: a comprehensive health plan tailored to your individual needs. We are looking for patients who think like we do. We feel the traditional model of health care leaves something to be desired, and that missing piece is achieved when a caring doctor and a motivated, engaged patient cultivate a partnership of accountability" as stated on his website.

Prior to graduating with his Doctor of Chiropractic degree from the University of Western States College of Chiropractic in 2000, Dr. Bourlon worked for six years as an Emergency Medical Technician. During this time, he was involved in hundreds of interactions with medical patients and helped many people through accidents and life-threatening injuries.

With over two decades of experience in his field, he remains a member of the Oregon Chiropractic Association and the Kinesio Taping Association.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain and back pain. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself without the use of medication or surgery.

Learn More about Dr. Patrick Bourlon:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/https://www.findatopdoc.com/doctor/842004-Patrick-Bourlon-Chiropractor-Patrick-Bourlon-Chiropractor> or through Active Chiropractic and Rehabilitation, <https://www.chiropractorshillsboro.com/>

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