

Narcissists Are Thriving In Our Culture. Don't Let Them Ruin Your Life! PARADE Magazine Offers Hope.

America's favorite magazine just published a life-saving exploration of Narcissistic Personality Disorder (NPD). Learn how to protect yourself now.

Los Angeles, Oct 19, 2020 (IssueWire.com) - *Parade Magazine*, beloved by its readers for heart-warming stories, simple recipes and bits of juicy celebrity gossip, just surprised its audience with a potent piece on the destructive potential of Narcissistic Personality Disorder (NPD). It must be a sign of the times.

Drawing on the expertise of many well-known authors, including Eleanor Payson, Steven Carter, Julia Sokol, and Denna Babul, *Parade* did a no-holds-barred presentation of NPD, leaving little to the imagination. Both helpful and clear, the magazine gives a kind warning to those in the grips of a narcissist's seduction: Don't expect miracles, don't expect magic, don't expect kindness, and don't expect anything to change. You can read the full article here:

<https://parade.com/1085357/maryniles/how-to-deal-with-narcissist-in-relationships/>

The piece from *Parade* cuts through the confusion, cuts through the psychobabble, and makes so much plain. It reveals the traits of a narcissist, the patterns of a narcissist, the emotional tools of a narcissist, and how to protect yourself from the overwhelming seduction and hurt. It also spells out something crucial: How do you know when it's time to walk away from a narcissistic partner for good. Wow. All of this insight from *Parade Magazine*? Right now they are sounding as profound and insightful as *Psychology Today*!

Do you think you're involved with a narcissist? Your partner...your friend...or your boss? If this piece from *Parade Magazine* has started your wheels spinning and ignited your desire for help, they recommend the following books to learn even more: [Help! I'm in Love With a Narcissist](#) (Carter/Sokol), [Love Strong](#) (Babul), and [The Wizard of Oz and Other Narcissists](#) (Payson). Talking to a skilled therapist would also be an excellent plan.

Of course, not every difficult person is a narcissist, and many bad relationships are driven by factors other than narcissism. Being informed and aware is crucial. But if you are suffering in a relationship right now, or you're still trying to understand why a past love failed, the more you know about NPD the more empowered you will be.

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