

Jahnna Levy, DO, an Interventional Pain Management Specialist & Sports Medicine Physician with Garden State Pain Control

Get to know Interventional Pain Management Specialist & Sports Medicine Physician Dr. Jahnna Levy, who serves patients in New Jersey.



New York City, Oct 10, 2020 ([Issuewire.com](https://www.issuewire.com)) - Dr. Levy practices physical medicine and rehabilitation at Garden State Pain Control, where her expertise contributes a vital component to each person's treatment and recovery. As an osteopathic physiatrist, she believes in a multifaceted and holistic approach to pain management. She treats each person as an individual, formulating a systematic treatment plan to restore function, reduce pain, and improve their quality of life.

Garden State Pain Control was founded in 1994 with the goal of providing compassionate and comprehensive pain management to people struggling with acute and chronic pain. Over the years, the practice has expanded to include more than 30 employees and currently has four convenient locations in Edison, Clifton, Hazlet, and Jersey City, New Jersey. It is on the cutting edge of technology in pain

medicine and has assembled a team of highly-trained physicians with expertise across diverse pain conditions and treatment modalities, including interventional pain techniques, minimally-invasive surgeries, medical management, physical therapy, rehabilitation, and behavioral therapy.

Throughout her academic career, Dr. Levy attended medical school at Touro College of Osteopathic Medicine in New York City. During this time, she became proficient in musculoskeletal medicine and co-founded the Osteopathic Orthopedic Organization.

Upon graduation, she completed her internship at North Shore-LIJ Plainview Hospital and her residency in physiatry at the prestigious Rusk Institute at New York University Hospital in New York City. During her residency, she received extensive training at the Hospital for Joint Disease and was elected Chief Resident at both the Manhattan Veterans Affairs Hospital and Bellevue Hospital.

During her fellowship, Dr. Levy was trained to perform a variety of nonsurgical orthopedic procedures and fluoroscopically-guided injections for neck, back, and joint pain. She also received training in spinal cord stimulator placement, EMGs, diagnostic musculoskeletal ultrasound, percutaneous tenotomy for tendon injuries, medical acupuncture, and migraine management.

Board-certified in physical medicine and rehabilitation, she is an active member of the North American Neuromodulation Society, the American Medical Association, the American Society of Interventional Pain Physicians, and the American Academy of Physical Medicine and Rehabilitation.

A contributing author on Spine-health.com, Dr. Levy has written patient education content about spinal conditions and treatments. Her most recent pieces include: Common Causes of Back Pain and Neck Pain, The Truth About Back Cracking and Grinding, and 2 Little-Known Treatments for Piriformis Syndrome.

Interventional pain management or interventional pain medicine is a medical subspecialty which treats pain with invasive interventions such as facet joint injections, nerve blocks, neuroaugmentation, vertebroplasty, kyphoplasty, nucleoplasty, endoscopic discectomy, and implantable drug delivery systems. An interventional pain management specialist utilizes all sources of treatment to eliminate pain in the fastest and most effective way possible for each individual patient.

Sports medicine is a branch of medicine that deals with physical fitness and the treatment and prevention of injuries related to sports and exercise. A sports medicine physician has significant specialized training in both the treatment and prevention of illness and injury. They are ideally suited to provide comprehensive medical care for athletes, sports teams or active individuals who are simply looking to maintain a healthy lifestyle.

Among her numerous accolades, Dr. Levy is the recipient of Patients' Choice Award (2018, 2020), On-Time Doctor Award (2018, 2020), and Compassionate Doctor Recognition (2018, 2020).

When she is not working with patients, she enjoys dancing, traveling, and spending time with her family and friends.

Learn More about Dr. Jahnna Levy:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/82737626-Jahnna-Levy-Pain-Management-Specialist> or through Garden State Pain Control, <https://www.gardenstatepain.com/provider/jahnna-levy-do>

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