## Get to know Advanced Registered Nurse Practitioner & Psychiatric-Mental Health Nurse Practitioner, Jennifer E. Meether

Jennifer E. Meether, ARNP, PMHNP, an Advanced Registered Nurse Practitioner & Psychiatric-Mental Health Nurse Practitioner with Black Hawk-Grundy Mental Health Center



**New York City, Oct 6, 2020 (**<u>Issuewire.com</u>**)** - Jennifer is an advanced registered nurse practitioner & a psychiatric-mental health nurse practitioner. She specializes in several areas in her field, including autism, reactive attachment disorder, family dynamics, marital struggles, and severe mental illnesses such as dissociative disorders and schizophrenia.

A graduate of Walden University, she works at Black Hawk-Grundy Mental Health Center in Waterloo, Iowa. It is a private, nonprofit, community mental health center accredited by the Iowa Department of Human Services.

Black Hawk-Grundy Mental Health Center provides comprehensive and accessible mental health services and counseling for children, adolescents, adults, seniors, couples and families. These include: outpatient services, evaluation services, emergency services, consultation services, education services, medication evaluation and management services, outreach services, school-based mental health services, injection clinic, mental health services to the elderly, patient assistance program, nursing services, peer support services, professional training program, as well as integrated health home and pediatric integrated health home.

An Advanced Registered Nurse Practitioner (ARNP) is a nurse with postgraduate education in nursing. ARNPs can have primary responsibility for patient care. They practice independently to limited supervision depending on state regulations and also may work collaboratively with physicians and other healthcare professionals. Additional ARNP roles include certified registered nurse anesthetists and certified nurse midwives.

In the United States, a Psychiatric-Mental Health Nurse Practitioner (PMHNP) is an advanced practice registered nurse trained to provide a wide range of mental health services to patients and families in a variety of settings. PMHNPs diagnose, conduct therapy, and prescribe medications for patients who have psychiatric disorders, medical organic brain disorders or substance abuse problems. They are licensed to provide emergency psychiatric services, psychosocial and physical assessment of their patients, treatment plans, and manage patient care. They may also serve as consultants or as educators for families and staff.

## **Learn More About Jennifer E. Meether:**

Through her online profile, <a href="https://todaysnurse.org/network/index.php?do=/4146510/info/">https://todaysnurse.org/network/index.php?do=/4146510/info/</a>

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