

Charu Sawhney, DO, MPH, an Internist & General Preventive Medicine Physician with Ascension Medical Group Seton Solid Oa

Get to know Internist & General Preventive Medicine Physician Dr. Charu Sawhney, who serves patients in Austin, Texas.



New York City, Oct 23, 2020 ([Issuewire.com](https://www.issuewire.com)) - Dr. Sawhney is a respected internist & general

preventive medicine physician. She is in practice with Ascension Medical Group Seton Solid Oaks.

In Austin, Texas, Ascension Medical Group Seton Solid Oaks has family medicine doctors and nurse practitioners closer to home. Whether a patient has an acute illness, or a more complex health concern, the care team helps them stay healthy in body, mind, and spirit. They are committed to promoting a healthy lifestyle and giving patients the tools to help make informed healthcare decisions.

In addition to caring for individual acute illness and injury, Ascension Medical Group Seton Solid Oaks provides services to help promote better family health, including: adolescent medicine; adult (senior) medical care, including high blood pressure and high cholesterol; health prevention and dietary guidance; pediatric well-child care and immunizations; physicals: annual, school, and sports; screening tests; women's health services, including gynecological exams, Pap tests, biopsies, and family planning; and onsite phlebotomy.

Academically, Dr. Sawhney graduated with her Doctor of Osteopathic Medicine degree from the Texas College of Osteopathic Medicine located at the University of North Texas Health Science Center in Fort Worth. She then went on to complete her residency in internal medicine and general preventive medicine at the University of Texas Medical Branch at Galveston.

Specializing in the medical treatment of adults, the doctor is board-certified in internal medicine by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

A member of the American Association of Integrative Medicine, she is also board-certified in general preventive medicine by the American Board of Preventive Medicine (ABPM). The ABPM is a member of the American Board of Medical Specialties that issues "certificates of special knowledge" in the specialty of preventive medicine.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

On a more personal note, Dr. Sawhney is fluent in both English and Hindi.

Learn More about Dr. Charu Sawhney:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/2863222-Charu-Sawhney-Internist> or through Ascension,
<https://healthcare.ascension.org/Doctors/1164626750/charu-sawhney-austin-tx>

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