

Passionpreneur Publishing announces the global release of But REALLY, How Are You?

The inspiring book by Rana Abu Samaha is now available via major players in the global book distribution field



Dubai, Sep 8, 2020 (Issuewire.com) - Passionpreneur Publishing has announced the release of But REALLY, How Are You? A Courageous Journey within the Heart and How to Live Fearlessly by Rana Abu Samaha via the publishing industry's largest global book distribution networks. The book is anticipated to have an inspiring and profound effect on its target audience.

In this must-read book, Rana Abu Samaha shares invaluable insights, tools, and techniques on how to live fearlessly. Not many have the courage to enter this world with the curiosity of a child and use loss, grief, and fear as their catalyst for change. It is not unusual to be afraid of showing the world our true selves, especially when we are surrounded by judgments in our daily lives.

If you want to discover how you really feel and understand who you truly are, NOW is the time to stop, pause, and listen to your inner child. This book helps you to explore yourself, understand your feelings, and know the real you.

Guided by personal lessons and tips from the author's life experiences, and a dedicated journal with a section for reflection at the end of each stepping-stone, you will be encouraged to discover your voice, your courageous authentic-self, and lead with love.

You can let fear move you forward in your quest of living and will finally be able to answer the question "But REALLY, How Are You?" truthfully and courageously.

About the Author:

Born and brought up in the Middle East, Rana spent the last decade traveling around the world to find answers to some of the life's most undervalued, yet cliched questions. One that most resonates with her is: "How are you?" and the ability to answer this question truthfully, courageously, and with compassion.

Her education along with 17 years of her career in law has taken her to different places and allowed her to experience different cultures. It allowed her to embark on her spiritual journey and find her purpose in life. This mission of her contributed to becoming a Certified Life Coach and NLP Practitioner. She has been a guiding voice to many, as she is very passionate about empowering and inspiring others.

She feels responsible for spreading awareness that it is only through love and courage that people can thrive in their lives, and be their true selves.

About Passionpreneur Publishing:

An indie publisher, [Passionpreneur Publishing](#) successfully helps entrepreneurs and professional experts become International Authors in as little as 90 days.

[Passionpreneur Publishing](#) specialises in transformational books including business, self-help, personal growth and spiritual titles in order to help authors share their messages and gain credibility in their chosen fields.

[Passionpreneur Publishing](#) boasts an all-star board of advisors from across the globe covering a wide spectrum of expertise around the books, publishing and media industry to ensure the application of global best-practice in every service offered and providing a worldwide network of some of the world's top thought leaders.

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Media Contact

Passionpreneur Publishing

MarCom@moustafa.com

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