

Isha Mehta, MD, an Obstetrician-Gynecologist with NYC Health + Hospitals/Elmhurst

Get to know Obstetrician-Gynecologist Dr. Isha Mehta, who serves patients in Elmhurst, New York.



New York City, Sep 10, 2020 ([Issuewire.com](https://www.issuewire.com)) - Dr. Mehta treats a wide range of women's health issues. She is the Chief of Gynecology at NYC Health + Hospitals/Elmhurst, a teaching institution with an academic affiliation agreement with the Icahn School of Medicine at Mount Sinai.

“NYC Health + Hospitals/Elmhurst serves an area of nearly one million people in one of the most ethnically and linguistically diverse communities in the United States. Our patients come from across the globe, speaking a multitude of languages and dialects and bringing with them their particular beliefs and customs. Elmhurst is responsive to their needs, and makes every effort to alleviate cultural barriers and to ensure that our patients are provided with the quality healthcare they deserve. Culturally-sensitive care is a hallmark of our highly-regarded Mental Health Services” as stated on their website.

Raised in a family of doctors in India, Dr. Mehta is a third-generation physician and three of her siblings, as well as her husband, are doctors. From an early age, she was able to observe the discrepancies that exist in health care between rich and poor, and men and women, and chose to work in gynecology to do her part to strike a balance.

She is the Founder of “A Stitch in Time,” an organization that treats gynecological conditions at no cost to women around the world. In her experience, successful pelvic surgeries are life-changing, and the benefits are life-long when performed by committed, experienced gynecological surgeons.

A Fellow of the American College of Obstetricians and Gynecologists (ACOG), the doctor is board-certified in obstetrics and gynecology by the American Board of Obstetrics and Gynecology (ABOG). The mission of the ABOG is to define standards, certify obstetricians and gynecologists, and facilitate continuous learning to advance knowledge, practice, and professionalism in women’s health.

Following the completion of her medical degree from Smt. NHL Municipal Medical College in India, Dr. Mehta relocated to the United States to further her training. Once there, she performed her residency in obstetrics and gynecology at the Icahn School of Medicine at Mount Sinai.

Her years of experience have convinced her that a healthy mother is essential for a healthy family and a conduit for life-saving hygiene and education. Alongside her clinical activities, she serves as an Assistant Professor within the Department of Obstetrics, Gynecology, and Reproductive Science at the Icahn School of Medicine at Mount Sinai.

Obstetrics and Gynecology is the medical specialty that encompasses the two subspecialties of obstetrics and gynecology. An obstetrician-gynecologist, or OB-GYN, is a healthcare professional who specializes in female reproductive health.

Throughout her fruitful career, Dr. Mehta has organized and participated in gynecological health care camps in underserved communities in New York City and in Honduras, and has been an HIV educator in Ethiopia. Her research and opinions on women’s health and best medical practices have been published in peer-reviewed journals and medical texts.

She speaks six languages and believes that communication and cultural sensitivity are at the heart of any successful medical mission.

Learn More about Dr. Isha Mehta:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/1147480-Isha-Mehta-OB-GYN-Obstetrician-Gynecologist>

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