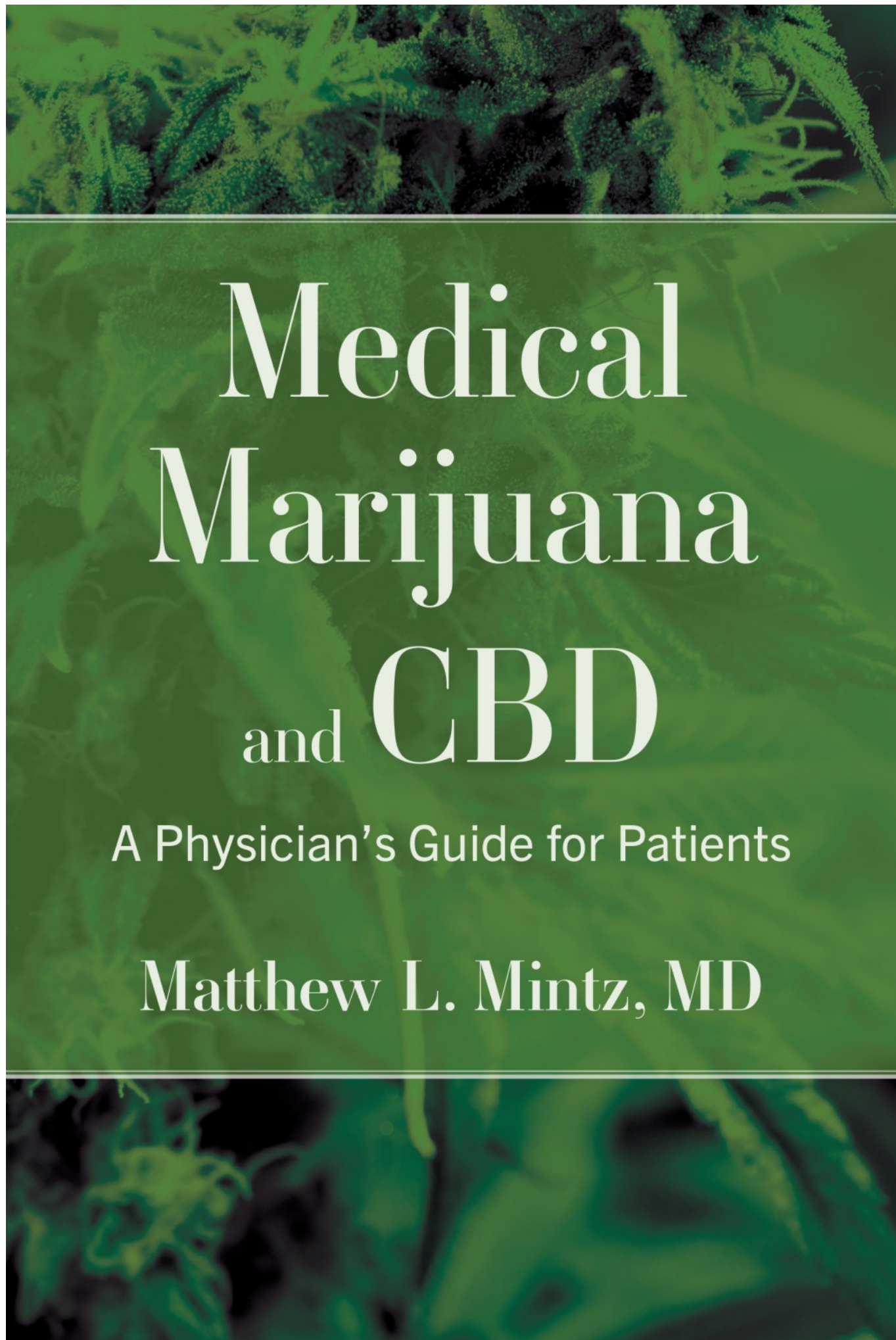


Bethesda Physician Announces Publication of Medical Marijuana and CBD Use for Patients



Medical Marijuana and CBD

A Physician's Guide for Patients

Matthew L. Mintz, MD

Bethesda, Sep 11, 2020 (Issuewire.com) - Bethesda internist and medical cannabis/CBD expert Dr. Matthew Mintz is pleased to announce the release of his book, "Medical Marijuana and CBD: A Physician's Guide for Patients. Named one of Washingtonian Magazine's Top Docs since 2012, Dr. Mintz offers expert advice on using medical marijuana and CBD to treat a variety of illnesses. Designed for readers seeking a straightforward perspective on the pros and cons of medical cannabis use, how to use it, and where to get it, Medical Marijuana and CBD cuts through the mysteries of the dosages, effects, and results of employing medical marijuana for treatment purposes.

Medical marijuana has been used for centuries. Even in the early 1900s, it was a common ingredient in over-the-counter elixirs. Now, as medical marijuana is legalized in more states and the use of related products like CBD become popular, many people who never considered using cannabis before are discovering how it can help them. But too often, guides on the subject fail to give advice about its specific use, effects, and results.

Matthew L. Mintz, MD, is a practicing physician in Bethesda, Maryland. He received his medical degree from the George Washington University School of Medicine and spent twenty years teaching at the university before entering private practice. Shortly after starting his practice, he began certifying patients for medical marijuana in Maryland and the District of Columbia. He's one of the few doctors in the area who openly certifies patients for medical cannabis as part of his regular medical practice. His work on medical marijuana and CBD has been featured in many national outlets, including The Washington Post, and he is frequently asked to present on this and related subject matter.

"What's unique about the book," says Mintz, "is that it is written for the medical patient, including recommendations of exactly how to use medical cannabis for specific illnesses." Whether you're a first-time medical cannabis user, a patient reluctant to use marijuana, or someone considering CBD as a last resort, Dr. Mintz' expert advice can help you navigate the pros and cons, the therapeutic areas, and the science behind the use of medical marijuana.

"Medical Marijuana and CBD: A Physician's Guide for Patients" is now [Available on Amazon](#). For more information go to www.mdcannabisdoc.com

To arrange a book signing or interview, contact Dr. Matthew Mintz at drmintz@gmail.com

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