

Teo-Carlo Straun, MD, a Psychiatrist with Straun Health & Wellness

Get to know Psychiatrist Dr. Teo-Carlo Straun, who serves patients in Connecticut.



New York City, Aug 18, 2020 (Issuewire.com) - General & addiction psychiatrist, Dr. Straun, firmly believes that the promotion of mental health and the integration of physical and mental wellness are important factors in determining one's quality of life. Among his areas of expertise are motivational enhancement therapy, cognitive behavioral therapy, auricular acupuncture, 12-step facilitation, and other holistic models of recovery. He is the CEO of Straun Health & Wellness (SHAW) with offices in Berlin and Stamford, Connecticut.

Utilizing holistic approaches to wellness and recovery, Dr. Straun subscribes to the belief that treatment and service must go beyond the personal and reach neighborhoods and communities in order to make deeper, more impactful change. He and his dedicated staff work as a team to improve outcomes for patients under their care with a larger vision to decrease health care disparities amongst vulnerable populations through education, quality medical care, community involvement, and advocacy.

"Straun Health & Wellness works with individuals possessing a wide range of behavioral and emotional disorders and believes that psychiatric evaluation, in addition to complementary therapeutic approaches (medication, counseling/psychotherapy), provide the best outcomes for patients. In a supportive and compassionate environment, SHAW clinicians will work with you as a unique individual to address all of your concerns" as stated by Dr. Straun.

Dedicated to excellence, he is board-certified in general psychiatry and addiction psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to promoting high-quality patient care for the public through the initial and continuing certification of psychiatrists and neurologists.

Among his professional affiliations, he is a member of the American Medical Association, the American Psychiatric Association, the American Society of Addiction Medicine, and the National Medical Association.

Back in 2007, Dr. Straun obtained his medical degree from the University of Medicine and Dentistry of New Jersey. He then went on to complete his residency at the University of Massachusetts Medical School, followed by his addiction fellowship at the Yale School of Medicine.

With expertise in the diagnosis and treatment of mental, emotional, and addiction related disorders, the doctor is committed to delivering effective, evidence-based care. His primary modes of service include psychiatric evaluation, a complementary style of psychotherapy, and medical management of individuals suffering from mental illness and substance use disorders. He subscribes to a balanced approach to treatment, going beyond symptom relief and seeking to help patients find ways to revitalize their lives so that they are able to thrive in all of their endeavors.

With a wide-ranging skillset and a focus on patient-centered care, Dr. Straun is also part of a counseling team that provides grief counseling services in small group settings to clients of Howard K. Hill Funeral Home.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions.

Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Learn More about Dr. Teo-Carlo Straun:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/8136245-Teo-Carlo-Straun-Psychiatrist> or through Straun Health & Wellness, <http://www.straunhealth.com/who-we-are>

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