

Jenna D. Beck, DC, a Chiropractor with Bridlewood Chiropractic

Get to know Chiropractor Dr. Jenna D. Beck, who serves patients in Roanoke, Texas.



New York City, Aug 25, 2020 ([IssueWire.com](https://www.issuewire.com)) - As a skilful chiropractor, Dr. Beck has seen patients as young as a few hours old and all the way into the end stages of life. Whether a patient is experiencing neck pain, low back pain, decreased immunity, low energy, pregnancy pain, or just looking for wellness care, she is here to help improve their quality of life without drugs or surgery.

Serving patients of all ages at Bridlewood Chiropractic in Roanoke, Texas, she prefers a hand-on approach to adjusting patients but offers activator technique for those who require a lighter touch. She also offers therapeutic exercises and stretches for those patients in need. Soft tissue work, taping, intersegmental traction, muscle stimulation, microcurrent, and extremity adjusting are all offered at Bridlewood Chiropractic as well.

Receiving her Animal Chiropractic Certification in 2012, Dr. Beck was then certified by the American Veterinary Chiropractic Association. Since 2014, she has been teaching a postgraduate program on animal chiropractic at Parker University. This program is for the elite where only Doctors of Chiropractic and Doctors of Veterinary can attend.

Throughout her academic career, she attended the University of Wisconsin La-Crosse and the University of Wisconsin, Milwaukee where she completed her studies in just 3.5 years. She then attended Parker University in Dallas where she received her Bachelor of Science degree in Health and Wellness and her Doctor of Chiropractic degree in April of 2013.

While in her internship year of her schooling, Dr. Beck's primary focus was treating athletes, which consisted of professional triathlon competitors, professional barrel racers, professional bowlers, competitive dancers, and competitive soccer players. Upon graduation, she took a position where she gained knowledge in treating patients of all ages and sizes for a period of five years.

Since then, she has completed advanced post-graduate training in low back injuries, pregnancy care, pediatric chiropractic, sports injuries, and advanced therapies. She has also attained membership status with the Texas Chiropractic Association.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain and back pain. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself without the use of medication or surgery.

Among her most notable achievements, Dr. Beck is the proud winner of the 2020 DFWchild Mom Approved Wellness Professional Award and the 2020 Living Magazine Best Chiropractor of Northeast Tarrant County Award.

In her free time, she enjoys spending time with her husband, playing with their dogs, traveling, and barrel racing.

Learn More about Dr. Jenna D. Beck:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2102341-Jenna-Beck-Chiropractor> or through Bridlewood Chiropractic, <https://bridlewoodchiro.com/about-us/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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