

## **Harpal S. Mangat, MD & Harminder Kaur, MD, Internists with Clarksburg Medical Center**

Get to know Internists Drs. Harpal S. Mangat & Harminder Kaur, who serve patients in Germantown, Maryland.



**New York City, Aug 6, 2020 ([Issuewire.com](https://www.issuewire.com))** - Drs. Mangat & Kaur are dedicated and experienced internists who believe in working with their patients to maintain and improve their health. They provide personalized, high-quality care on an as-needed or preventative basis at Clarksburg Medical Center in Germantown, Maryland.

The doctor-duo works together to serve the entire family for all of their medical needs in all stages of life. They believe in providing comprehensive health care services to their patients in a friendly, relaxed atmosphere. They also believe in educating their patients as they work with them to achieve the best physical state possible.

### **Dr. Harpal S. Mangat:**

Recognized as a skilled internist, Dr. Mangat's interests include complex perplexing medical cases, diabetes and complicated retinal problems, sleep disorders, as well as Lyme and viral induced encephalitis.

A member of the American Academy of Urgent Care Medicine, the doctor is board-certified through the American Board of Urgent Care Medicine, which serves as an independent certifying body for Urgent Care Medicine. He is also board-eligible in internal medicine and board-qualified in ophthalmology.

On the subject of his educational background, Dr. Mangat graduated from England's prestigious Epsom College (High School) with direct admission to the School of Medicine of the Royal College of Surgeons in Ireland. He spent time at Johns Hopkins and was the bicentennial Student Union President. He then trained at the University Teaching Hospitals of Trinity College Dublin, London, and Oxford in family practice and ophthalmology. Thereafter, he went on to complete a residency in internal medicine at Mercy Catholic Medical Center and a residency in ophthalmology at the University of South Florida. He was an attending physician in the ER at the VA Medical Center in Washington D.C., an affiliate teaching hospital of Georgetown, George Washington, and Howard Universities.

In his current capacity, Dr. Mangat is an Assistant Professor at Howard University College of Medicine where he enjoys mentoring bright young minds. He is also on the Managing Board of Southern Maryland ACO and the Contracts committee One Health Quality Alliance IPA holds patents and is the Medical Director of Jebra Technologies.

Furthermore, he submitted ideas to his US Senator that was incorporated into the Affordable Care Act of 2010, wrote the lead prayer for the DC Interfaith Convention on MLK Day in 2006, as well as promoted voter registration amongst Montgomery County's minorities. Recently, he escorted nightmare cases by air to the UAE using his inventions.

In addition to English, he is fluent in French, Punjabi, Hindi, Urdu, and has a working knowledge of Spanish.

### **Dr. Harminder Kaur:**

Dr. Kaur is a board-certified internist whose interests include women's health, nutrition, yoga, and complementary medicine as adjuncts to allopathic medicine. She teaches yoga and integrates it into her clinical practice.

Alongside seeing patients at Clarksburg Medical Center, she holds privileges at Shady Grove Hospital.

A member of the Royal College of Physicians of England, she is board-certified in internal medicine and obesity medicine by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for

better care in a rapidly changing world.

Throughout her academic career, Dr. Kaur graduated from India's pristine Bal Bharati Air Force High School in Delhi with direct admission to Mahatma Gandhi Institute of Medical Sciences, graduating Cum Laude. She trained at the University Teaching Hospitals of Aberdeen, Nottingham and King's College London before completing a residency in internal medicine at Albany Medical Center in New York. She was on faculty at the Medical College of Pennsylvania and an attending physician at the VA Medical Center in Cleveland, which is an affiliate teaching hospital of Case Western University.

Among the doctor's most notable achievements, she is the Founder of Sikh Kid to Kid, which was in the final 30 of the Forbes "30 Under 30" competition. She is also active in her community, promoting women & peace initiatives.

Throughout her line of work, Dr. Kaur pioneered Montgomery County Schools multicultural approach to teach other faiths and participated in Interfaith Concerts in Washington D.C.

In addition to English, she is fluent in Punjabi, Hindi, Urdu, and Marathi.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

### **Learn More about Drs. Harpal S. Mangat & Harminder Kaur:**

Through Dr. Mangat's findatopdoc profile, <https://www.findatopdoc.com/doctor/710877-Harpal-Mangat-Ophthalmologist>

Through Dr. Kaur's findatopdoc profile, <https://www.findatopdoc.com/doctor/8136767-Harminder-Kaur-General-Practitioner>

Or through Clarksburg Medical Center, <https://www.clarksburgmed.com/about-us.html>

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Source : Harpal S. Mangat, MD & Harminder Kaur, MD

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