

Get to know Advanced Registered Nurse Practitioner & Family Nurse Practitioner, Caitlin A. Arey

Caitlin A. Arey, MSN, ARNP, FNP-BC, an Advanced Registered Nurse Practitioner & Family Nurse Practitioner with the Vascular Institute of Iowa Heart Center



and a board-certified family nurse practitioner, specializes in vascular surgery and critical care medicine. She works at the Vascular Institute of Iowa Heart Center, seeing patients at the Laurel / MercyOne Campus in Des Moines, West Des Moines, and Ottumwa.

The Vascular Institute is dedicated to bringing world-class vascular disease care to the Iowa Heart Center. Common vascular surgical procedures performed at the Institute include: carotid endarterectomy, aortic surgery for aneurysmal or occlusive disease, complex revascularization of the lower extremities, arteriography and angioplasty, stent placement, dialysis access, thrombolytic therapy of dialysis grafts for arterial and/or venous occlusion, vertebral artery reconstruction, visceral artery reconstruction, thoracic outlet surgery, endoscopic treatment of venous ulcerations, as well as treatment of hyperhidrosis and reflex sympathetic dystrophy.

In regards to her educational background, Caitlin holds a nursing degree from Mercy College of Health Sciences (2010), a Bachelor of Science in Nursing (BSN) degree from Grand View University (2014), and a Master of Science in Nursing (MSN) degree from Kaplan University (2017).

To stay up to date in her field, she remains a member of the Iowa Nurse Practitioner Society, whose mission is to advance, support, and promote the role of the advanced registered nurse practitioner as providers of quality health care in Iowa.

An Advanced Registered Nurse Practitioner (ARNP) is a nurse with postgraduate education in nursing. ARNPs can have primary responsibility for patient care. They practice independently to limited supervision depending on state regulations and also may work collaboratively with physicians and other healthcare professionals. Additional ARNP roles include certified registered nurse anesthetists and certified nurse midwives.

A Board-Certified Family Nurse Practitioner (FNP-BC) is an advanced practice registered nurse who works autonomously or in collaboration with other healthcare professionals, to deliver family-focused care. Given the rather broad nature of the “family” patient population focus, FNPs offer a wide range of healthcare services that revolve around the family unit; from health promotion and disease prevention to direct care and counseling across the lifespan.

Learn More About Caitlin A. Arey:

Through her online profile, <https://todaysnurse.org/network/index.php?do=/4146344/info/> or through Iowa Heart Center, <https://www.iowaheart.com/for-patients/find-a-provider/detail/?id=145>

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Caitlin A. Arey, MSN, ARNP, FNP-BC

[See on IssueWire](#)