

## **Newton Klein, DC, a Certified Chiropractic Sports Physician with Klein Chiropractic Institute, LLC**

Get to know Certified Chiropractic Sports Physician Dr. Newton Klein, who serves patients in Neptune, New Jersey.



**New York City, Jul 27, 2020 ([Issuewire.com](http://Issuewire.com))** - Dr. Klein is a certified chiropractic sports physician serving as the owner & operator of Klein Chiropractic Institute, LLC in Neptune, New Jersey. He enjoys working with all ages and bringing his unique background and training into helping improve the lives of his patients by bringing them down the road to recovery.

“Klein Chiropractic Institute is here to keep you moving, whether it be athletically or to help you be with your friends and family. Our goal is to focus on your individual needs, helping you to obtain your peak performance in life. Creating proper functional movement will not only protect your joints, muscles, and nervous system but promote your body to function at its optimal ability. We understand here at KCI that everyone has different goals, allowing our team to work together to create the correct plan to reach your maximum potential in sport, exercise, and activity” as stated on his website.

An avid athlete, Dr. Klein still keeps active in local leagues and continues to be involved in coaching our youth today. Having the knowledge and personal experience in sports allows him to have a better understanding of sports biomechanics and movement-related injuries. He utilizes this expertise to treat problems of the shoulder, elbow, hips, knees, and ankle/feet.

Prior to a career in chiropractic, he attended and graduated from Monmouth University in 2011 with a Bachelor of Science (BS) degree in Health Studies. While studying at Monmouth, he was involved with the community, helping to volunteer with beach cleanings and giving his time at Jersey Shore University Medical Center. Also, he was appointed President of the Monmouth University Health Fair, in which he attracted sixty vendors, ranging from yoga, chiropractic, acupuncture, and local farm markets.

While completing his Doctor of Chiropractic (DC) degree at New York Chiropractic College, Dr. Klein was appointed President of the College’s Sports Club, bringing in top doctors in sports-related injuries and rehab. He would set up events to provide chiropractic care to college athletes at the New York City Armory. During this time, he also completed a year of clinical rotation in Levittown, New York.

In order to stay up to date in his field, he remains a member of the ACA Sports Council, which is a professional and educational nonprofit organization for active chiropractors who are committed to improving and promoting chiropractic treatment of athletes.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients’ health concerns, including neck pain and back pain. They aim to improve patients’ functionality and quality of life by properly aligning the body’s musculoskeletal structure and enabling the body to heal itself without the use of medication or surgery.

### **Learn More about Dr. Newton Klein:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2431281-NEWTON-KLEIN-Chiropractor> or through Klein Chiropractic Institute, LLC, <https://www.kci1944.com/meet-the-team>

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