

New Book- The Art Of Discipline

Saint Louis, Jul 17, 2020 (IssueWire.com) - Author Stewart P. McClain New Book Helps With Self-Discipline

A specialist in leadership and motivation, author Stewart McClain discusses in his new book, The way to have an artist mindset, and how to be disciplined so you can achieve your goals in life, July 13, 2020, on Amazon and Barnes and Noble. Stewart will share more than twenty years of experience of this topic. His book includes principals that will cause your life to have structure and direction.

This book is for any man or woman who wants something out of life, for the person who has held onto childhood dreams. This book is for the person who has a goal they want to accomplish at work, home, or religious organization. This book is for the person who wants more out of life and knows that journey starts with self. They know that if they want to improve their approach to life that they have to be more disciplined.

“I have always wanted to expand my outreach and help people learn more about self-discipline and how to manage their own lives,” says Stewart about his book. The Art of Discipline provides the resources for beginners to get out and realize that dreams don’t come to people, people go towards dreams.

Stewart P. McClain has more than 20 years of leadership and motivation he knows all about self-discipline. He has his Doctorate Degree in Religion and Education. He has taught people at seminars, classes, conferences, and zoom meetings. The Art of Discipline is his 30th book.

For more information about Stewart’s book, to inquire about a review copy, or to schedule an interview, please contact Stewart McClain at 314-391-3584 or stewmac891@gmail.com

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