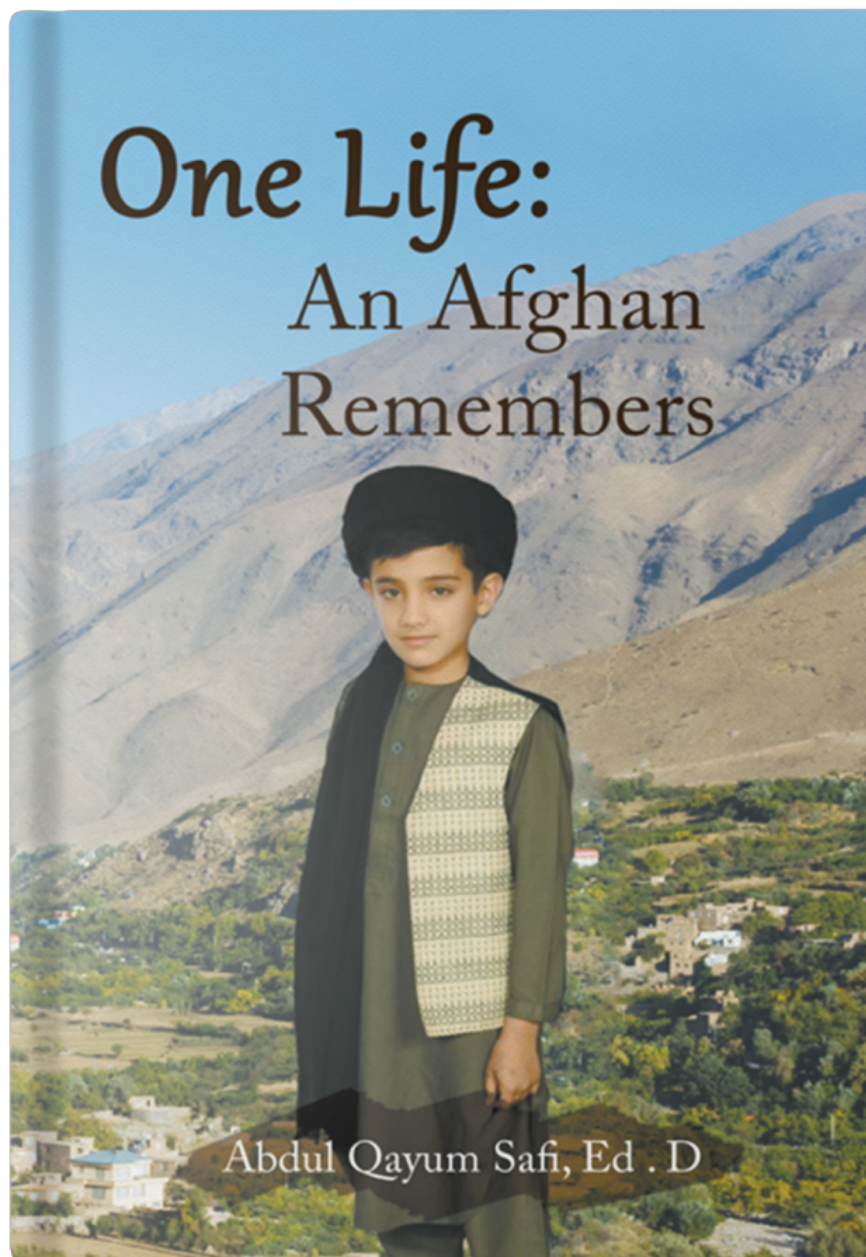


Memories of an Afghan Engraved into a Colorful, Culturally-Rich, and Inspiring Book

The writer depicts the complexity of Middle East through his refined writing skills and intellectually provides his perspectives that are drawn out from his personal experiences, which makes his book very realistic.



Davie, Jul 14, 2020 (IssueWire.com) - Abdul Qayum Safi, Ed.D uses his experiences as an educator and personal story to shed light on the cultural differences in the Middle East. He has written his memoir, [*One Life: An Afghan remembers*](#), not only to narrow the gaps between the conflicting sides of the Middle East but also to teach readers that a difficult beginning doesn't end in tragedy.

"One Life: An Afghan Remembers is a fascinating memoir, not only for its detailed descriptions of the author's remarkable journey and homeland, but also because it offers insight into the history, culture, religion, education, and language that help to explain why contemporary Afghanistan is so complex," shares Nancy Walker of Foreword Reviews.

Dr. Safi was born in the valley of Pech, Afghanistan, but he spent much of his early years in his parents' hometown, Khas Kunar, to take refuge from the war. With three scholarships from the United States Agency for International Development, he studied at the American University of Beirut in Lebanon and later at Teachers College, Columbia University, in New York City. He holds a doctorate in education from TCCU and has worked in Afghanistan, Kuwait, and the United States. Dr. Safi has been married to his graduate school sweetheart for 42 years and has three children and three grandchildren.

To know more about Abdul Qayum Safi, Ed.D and his book/s, you can visit his social media accounts such as [Facebook](#), [Instagram](#), [Twitter](#), [LinkedIn](#), Goodreads, and Tumblr. To get the latest update on authors, follow Authors Press on Facebook, Instagram, and Twitter.

[One Life: An Afghan Remembers](#)

Written by Abdul Qayum Safi, Ed.D

Paperback | \$14.95

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