

Borislava Fanna Johnson, BCND, a Naturopathic Physician with Natural Remedies

Get to know Dr. Borislava Fanna Johnson, a board-certified naturopathic doctor who serves clients in Cypress, Texas.



New York City, Jul 7, 2020 ([IssueWire.com](https://www.issuewire.com)) - Dr. Johnson is a Board-Certified Naturopathic Doctor who practices holistic and integrative medicine with the goal to restore health in a natural, synergistic way. Her private practice – Natural Remedies – is located in Cypress, Texas.

Focusing on full-body wellness and whole-person, individualized assessment, Dr. Johnson emphasizes natural, plant-based remedies as an alternative to conventional methods. She assesses lifestyle habits, dietary choices, and triggers that contribute to disease.

Extending natural healing of the mind, body, soul, and spirit, her services include nutritional consultations, homeopathic medicine, herbal and botanical remedies, stress reduction techniques, detoxification programs, and other natural approaches. She also incorporates ecotherapy for full-body

restorative effects.

The most common ailment Dr. Johnson addresses are Leaky Gut (Leaky Gut is the primary basis for many other ailments and is known as gastro-intestinal disorder). It affects the entire body from the colon, joints, thyroid, brain, sinus, and mouth. Leaky Gut is the root cause of many ailments that are improperly diagnosed. The second most common ailment she handles is hormonal imbalance. Many people erroneously believe that only females have hormones! Hormones affect our daily lives in a myriad of ways both male and female. Both Leaky Gut and hormones can be visualized as a tree with branches that extend out to every part of the body. If the tree root is flawed, it has the potential to spread to other parts of the body. Naturopathic medicine is medicine addressing the root cause of the problem, not the branches.

The practice of naturopathy includes modern and traditional, scientific, and empirical methods. Naturopathy is a distinct health care profession, emphasizing prevention, management, and optimal health through the use of natural therapeutic methods and substances that encourage individuals' inherent self-healing process. Naturopathic doctors focus on prevention and root cause identification of acute and chronic imbalances to understand, restore, and establish optimal health.

Learn More about Dr. Borislava Fanna Johnson:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/81598995-Borislava-Johnson-Naturopathic-Physician> or through Natural Remedies, <https://www.naturalremedies.com/about>

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