

## **Barbara E. Amsler, MD, an Internist with Healthy Habits Key to Wellness**

Get to know Internist Dr. Barbara E. Amsler, who serves patients in Algonquin, Illinois.



**New York City, Jul 17, 2020 ([Issuewire.com](https://www.issuewire.com))** - Recognized as a skilled internist, Dr. Amsler has a strong focus on preventative health interventions. She is a part of the team of professionals at Healthy Habits Key to Wellness.

Located in Algonquin, Illinois, Healthy Habits Key to Wellness is a unique practice that integrates general medicine with medically managed weight loss and carefully prescribed exercise programs. There, Dr. Amsler enjoys establishing long-standing relationships locally with many patients as well as their families.

In her current capacity, she is also affiliated with several hospitals in the local area, including Advocate Sherman Hospital and AMITA Health Saint Joseph Hospital Elgin.

A 1985 graduate of the University of Wisconsin School of Medicine and Public Health, Dr. Amsler went on to complete her internship and residency in internal medicine at Rush-Presbyterian-St. Luke's Medical Center.

Before long, she became board-certified in internal medicine by the American Board of Internal Medicine, a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

With well over three decades of experience in her field, Dr. Amsler is the recipient of Compassionate Doctor Recognition (2012, 2015, 2016, 2018) and Patients' Choice Award (2018).

### **Learn More about Dr. Barbara E. Amsler:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1600919-Barbara-Amsler-Preventative-Medicine-Specialist> or through Healthy Habits Key to Wellness, <https://healthyhabitshotline.com/>

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