

Atlanta Pain Clinic Positions Itself as the Region's Pain Center of Choice



Atlanta, Jul 4, 2020 ([Issuewire.com](https://www.issuewire.com)) - Biofeedback therapy is one of the most popular ways for people to manage chronic pain conditions according to [Atlanta Pain Clinic](#).

Experts say that Biofeedback Therapy is more of an education than treatment as it helps patients to take control of what are normally involuntary responses that are dictated by the nervous system –heart rate, breathing, blood pressure, muscle tension, and skin temperature.

Electrodes and sensors are attached to the patient's skin and scalp to collect data on bodily responses. Once patients are made aware of their thoughts and sensations and behaviors, they can be led through guided training sessions, and over a period of time they can take control of their physiological responses on their own and without Biofeedback Therapy.

An Atlanta pain doctor from the clinic said: "This technique has worked tremendously for patients with incontinence, ADHD, asthma, stress, anxiety, and migraines and headaches.

"Dealing with pain is our specialty and we have many patients come to us to help with their chronic pain, particularly hip pain and knee pain. Biofeedback Therapy Atlanta is one of the most popular and successful approaches we can explore with our clients."

A study on patients receiving Biofeedback Therapy for regular migraines showed that those who used Biofeedback Therapy reported a significant reduction in the [intensity of the pain](#) they were experiencing during their headache episodes. This was compared to people who were not taking any treatment. The study also showed that patients reported a reduction in how long their headaches lasted and the number they were receiving every week.

Atlanta Pain Clinic ensures they treat every one of their clients as individuals and match the right treatment plan to the person. If Biofeedback Therapy is not the right course of action, then interval [pain management](#), wellness testing, and prescription medication are all options that medical teams will explore with patients to ensure they have the very best outcome.

Interval pain management is usually the technique that is used when nothing else is working for patients. There are various types of treatments, including nerve blocks that disrupt pain signals to the brain. There are injections that can be used to target specific parts of the body. Radio Frequency Nerve

Ablation (RFNA) is when electrical currents create radio waves that heat an area of nerve tissue. Infusions are directly delivered to the body for long term relief. And stimulation sending electrical currents to the source of the pain is another option open to patients.

About Atlanta Pain Clinic

Atlanta Pain Clinic is part of the [Pain Management & Wellness Centers of Georgia](#). The team of pain management specialists at the clinic creates individualized treatment plans for every patient, helping them to find the underlying cause of their pain and then develop a plan to reduce, minimize or eliminate that pain.

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