

Vipul Patel, MD, FAAOS, an Orthopaedic Surgeon with New York Hand Surgery

Get to know Orthopaedic Surgeon Dr. Vipul Patel, who serves patients in New York, New York.



New York City, Jun 11, 2020 ([IssueWire.com](https://www.issuewire.com)) - Dr. Patel is an expert hand, upper extremity, and microvascular surgeon. His expertise is in complex hand and upper extremity problems with a focused approach in both non-surgical and surgical solutions. In private practice, he sees patients at New York Hand Surgery with offices in Park Slope and the Upper West Side in New York, New York.

The doctor has extensive experience in the surgical and non-surgical care of general orthopaedic conditions, fractures of the elbow, forearm, wrist and hand, arthritis of the wrist, thumb and fingers, flexor and extensor tendon injuries, chronic and acute wrist pain and tendonitis problems, nerve lacerations and compression syndromes (cubital, carpal tunnel), tumors, and infections and reconstruction of arthritic conditions. He also specializes in the treatment of arthritis, pediatric care, and work injuries, and his practice offers recent advances in regenerative medicine, including stem cell therapy.

Committed to patient care and outcomes, his approach to medicine is “patient-centered decision making.” He believes that shared decision making after thoroughly understanding the condition is the best road to clinical outcome and patient satisfaction.

Growing up in Queens, Dr. Patel earned his medical degree as part of the B.S./M.D. 7-Year Program (Sophie Davis Biomedical Education Program) at The City College of New York in 2002. Upon graduation, he completed his residency in orthopaedic surgery at the NYU Hospital for Joint Diseases in 2008, followed by his hand and upper extremity fellowship at Massachusetts General Hospital in 2009. This training prepared him to become one of the few hand surgeons in the nation to have extensive experience in complex hand and upper extremity conditions.

Additionally, he obtained additional microsurgery training at the Microsurgery Training and Research Laboratory at New York-Presbyterian Hospital/Columbia University Medical Center, as well as completed a fellowship in orthopaedic biomechanics at the Musculoskeletal Research Center at NYU Hospital for Joint Diseases, giving him a unique perspective in the treatment of his patients based on an acquired understanding of the biomechanics of the musculoskeletal system.

Alongside his clinical role, Dr. Patel serves as an Assistant Professor of Orthopaedic Surgery at the NYU Hospital for Joint Diseases. He also teaches orthopaedic surgery residents at the SUNY Downstate Medical Center.

A Fellow of the American Academy of Orthopaedic Surgeons (FAAOS) and a member of the American Society for Surgery of the Hand, the doctor is board-certified in orthopaedic surgery and surgery of the hand by the American Board of Orthopaedic Surgery (ABOS). The ABOS is an organization with the goal of establishing educational and professional standards for orthopaedic residents and surgeons, as well as evaluating the qualifications and competence of orthopaedic surgeons.

Orthopaedic surgery is the branch of surgery concerned with conditions involving the musculoskeletal system. Orthopaedic surgeons use both surgical and nonsurgical means to treat musculoskeletal trauma, spine diseases, sports injuries, degenerative diseases, infections, tumors, and congenital disorders. They work in clinical and hospital settings.

Throughout his extensive career Dr. Patel has held prestigious medical roles, including serving as the In-House Physician for Madison Square Garden, the Alvin Ailey American Dance Theater, and the Martha Graham Dance School. He has donated hundreds of hours to charitable causes, conducting pro-bono services for underserved populations in countries like Guatemala and India. He also has a passion for teaching-- both at near-by residency training programs in the New York City Metro Areas and as far-away as rural hospitals in India, where he has had the opportunity to educate international surgeons how to help patients in their communities.

Among his most notable achievements, he has conducted numerous publications in peer-reviewed journals, has authored several book chapters in his field of expertise, and has presented at National and

Regional Orthopaedic Surgery/Hand Surgery Annual meetings. Moreover, he has received numerous accolades for his clinical excellence, including awards at the 2005 and 2006 Annual Smith and Nephew National Resident Research Competition and the Senior Resident Research Award for Basic Science Research in Orthopaedic Surgery at NYU.

Learn More about Dr. Vipul Patel:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2821342-Vipul-Patel-Orthopedist> or through New York Hand Surgery, <https://www.nyhanddoctor.com/vipul-patel-md/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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