

Two-Sport Big League Strength & Conditioning Coach Joins SportsEdTV

Javair Gillett, Houston Rockets Director of Athletic Performance named Senior Contributor



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Houston, Jun 3, 2020 ([Issuewire.com](https://www.issuewire.com)) - [SportsEdTV](https://www.sportsedtv.com) has announced the appointment of Javair Gillett, Houston Rockets Head Strength and Conditioning Coach as a senior contributor to its FREE online sports education platform. Prior to joining Houston, Gillett spent ten years as Head Strength and Conditioning Coach for MLB's Detroit Tigers.

"Not only does Javair act as the Rockets' strength and conditioning coach," says [SportsEdTV](https://www.sportsedtv.com) Founder and Chairman Robert Mazzucchelli, adding, "he also oversees Houston's whole sports science initiative as its Director of Athletic Performance. We're thrilled Javair is now part of our team."

Javair was voted by his peers to receive the Strength Coach of the Year award by the National Basketball Strength and Conditioning Association.

"The addition of Javair to our roster of Senior Contributors takes us to another level when you consider his long list of big league successes. Our audience won't find better strength and conditioning coaching anywhere," said Victor Bergonzoli, CEO [SportsEdTV](https://www.sportsedtv.com).

Javair has an M.S. in Human Movement from A.T. Still University and completed his bachelor's degree at DePauw University majoring in Health and Human Performance with an emphasis in Exercise Science.

"I am excited to be involved with [SportsEdTV](https://www.sportsedtv.com)," Gillett said, "because much of my free time is dedicated to sharing healthy fitness and strong knowledge with kids, parents and coaches and now it can be FREE online anytime and anywhere for anybody."

About [SportsEdTV](https://www.sportsedtv.com): [SportsEdTV](https://www.sportsedtv.com) exists to help athletes, coaches and parents LEARN, WIN and CELEBRATE. We don't expect everyone who uses our learning tools to become a world champion - that's not our mission.

We do expect people who use our educational resources to become their own champion, by whatever definition they view success in their chosen sport. For some, success is making the varsity team, for others, it's becoming country champion, and for others still, it may simply be gaining proficiency at a sport that offers a lifetime of fun and fitness.

To us, no matter your aspirations in sport, if you are striving to improve, you are winning! As a leading sports education media company, we provide FREE video and blog content to anyone in the world with an internet connection.

We also offer a global online community, where athletes, parents and coaches can interact, connect, chat, share content and find new friends. SportsEdTV videos feature coaching from world-class coaches and athletes - many of whom are or have coached world-champions - and have been watched by viewers in every country in the world.

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