

## Hall of Fame Strength and Conditioning Scientist Is SportsEdTV's New Senior Contributor

John Garhammer Ph.D. provides kinesiology expertise to SportsEdTV



**Palo Alto, Jun 22, 2020** ([Issuewire.com](http://Issuewire.com)) - [SportsEdTV](http://SportsEdTV) has brought biomechanics and exercise physiology expertise to its audiences with the addition of Dr. John Garhammer, Professor Emeritus and former Director of the Biomechanics Laboratory in the Department of Kinesiology at California State University, to its contributor ranks.

“Once again I am proud to introduce another of [SportsEdTV](http://SportsEdTV)'s respected and highly trained practitioners of sport who'll freely offer coaching and technical knowledge to our learning athletes,” said [SportsEdTV](http://SportsEdTV) Founder and Chairman Robert Mazzucchelli.

Dr. Garhammer received his Doctorate in Kinesiology from UCLA and is the author of *Sports Illustrated*

*Strength Training.* He has supervised strength and conditioning programs for varsity athletes at UCLA, Auburn and Cal State universities.

[SportsEdTV](#) CEO Victor Bergonzoli, himself a former weightlifter, cheered Dr. Garhammer's appointment saying "John competed in over a hundred weightlifting competitions and has won or medaled in many, including USA Weightlifting's National Masters' Championships.

Dr. Garhammer is currently a Fellow of the National Strength and Conditioning Association and has been inducted in the Hall of Fame for both the USA Strength and Conditioning Coaches Association and USA Weightlifting. He also received NSCA's Sports Scientist of the Year Award.

"[SportsEdTV](#)'s free circulation of sports information to athletes all over the world is a breakthrough that sports educators, coaches, parents and most importantly athletes everywhere will celebrate for years to come. I am pleased to be a part of it," Dr. Garhammer said.

**About [SportsEdTV](#):** SportsEdTV exists to help athletes, coaches and parents LEARN, WIN and CELEBRATE. We don't expect everyone who uses our learning tools to become a world champion - that's not our mission.

We do expect people who use our educational resources to become their own champion, by whatever definition they view success in their chosen sport. For some, success is making the varsity team, for others, it's becoming country champion, and for others still, it may simply be gaining proficiency at a sport that offers a lifetime of fun and fitness.

To us, no matter your aspirations in sport, if you are striving to improve, you are winning! As a leading sports education media company, we provide FREE video and blog content to anyone in the world with an internet connection.

We also offer a global online community, where athletes, parents and coaches can interact, connect, chat, share content and find new friends. SportsEdTV videos feature coaching from world-class coaches and athletes - many of whom are or have coached world-champions - and have been watched by viewers in every country in the world.

## **Media Contact**

SportsEdTV

rmazzucchelli@sportsedtv.com

Source : SportsEdTV

[See on IssueWire](#)

