

Cynthia M. Navas, L.Ac, an Acupuncturist with Acupuncture Clinic Spa Health & Beauty

Get to know Acupuncturist Dr. Cynthia M. Navas, who practices in West Hempstead, New York.



New York City, Jun 30, 2020 ([Issuewire.com](https://www.issuewire.com)) - Dr. Navas, a licensed acupuncturist, is the Founder of Acupuncture Clinic Spa Health & Beauty in West Hempstead, New York. Offering acupuncture, facials, cupping therapy, and microblading, her goal is to help each one of her customers accomplish their individual goals and show improvement after every consultation.

“I am willing to work with the customers and get to know them on a personal level so I can help them to the best of my ability. I like my work environment to be very peaceful and soothing so that my customers feel welcomed and stress-free during every consultation. I am very understanding and always lookout for the best interest of my clients” as stated by the doctor on her website.

Passionate about her profession, she is certified through the National Certification Commission for Acupuncture and Oriental Medicine, which is a non-profit organization in the United States that aims to “establish, assess, and promote recognized standards of competence and safety in acupuncture and Oriental medicine for the protection and benefit of the public.”

Acupuncture is a form of alternative medicine and a key component of Traditional Oriental Medicine. It is a technique in which thin needles are inserted into the body and in some cases electro-stimulation is applied to gently stimulate particular regions of the body. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of physical and psychological issues, such as anxiety, depression, insomnia, pain, digestive disorders and infertility.

Learn More about Dr. Cynthia M. Navas:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/81226702-Cynthia-Navas-Acupuncturist> or through Acupuncture Clinic Spa Health & Beauty, <https://www.westhempsteadacupuncture.com/>

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Source : Cynthia M. Navas, L.Ac

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