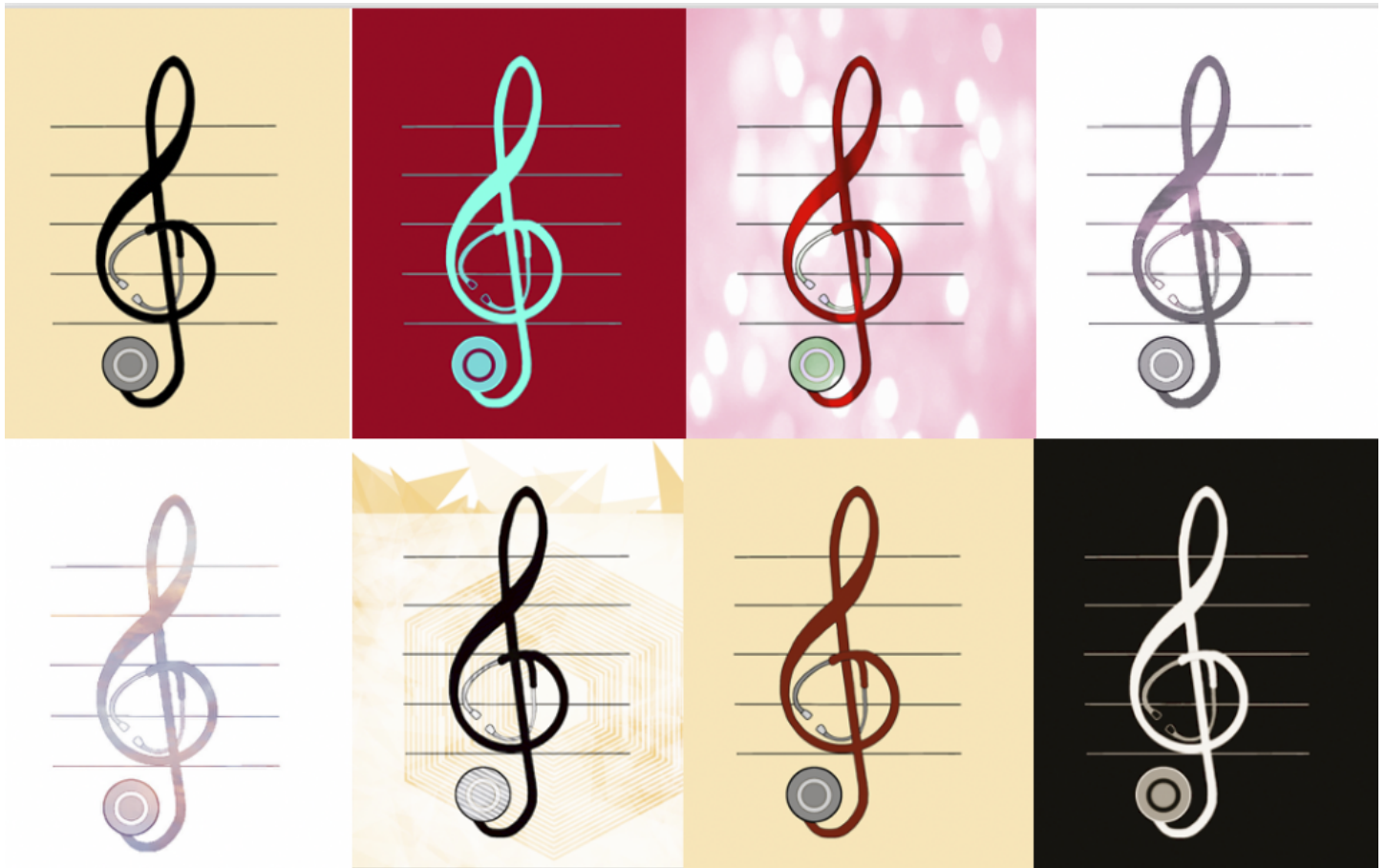


American Medical Women's Association Music Initiative Helps Doctors & Patients During COVID-19 Pandemic



Schaumburg, Jun 3, 2020 ([Issuewire.com](https://www.issuewire.com)) - During this COVID-19 era, the American Medical Women's Association has continued to encourage physicians to incorporate music into their lives as a vital therapeutic intervention in the practice of medicine. Music can be beneficial for an array of medical, neurologic and psychiatric conditions. It can also assist physicians under stress who may be facing physician burnout.

The blending of music into a physician's practice may be introduced in an aspiring physician's training in medical school or residency. Educational and mentorship opportunities would help achieve this goal, which already exists in some medical schools.

AMWA's Music & Medicine Committee encourages music by featuring providers and programs and arranges for performances in clinics or hospitals for patients.

Examples of recent musical performances include:

A CHORUS OF WOMEN PHYSICIANS SINGING RISE AGAIN

<https://www.youtube.com/watch?v=Wuiqee-AC-o>

NORTH AMERICAN MEDICAL ORCHESTRA performing Beethoven's 5th Piano Concerto in New York

<https://www.youtube.com/watch?v=Hw5VgYCtIMY>

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And some feature physician songwriters:

Dr. Suzie Brown – Sometimes Your Dreams Find You

<https://www.youtube.com/watch?v=3YiPVnR9Wbs>

Leadership for this committee comes from Co-chairs Dr. Mary Rorro and Dr. Tina Wang. Student co-chairs include Rebecca Hurwitz, Lori Horbor, Kyungie Sung and Kayla Li and AMWA Executive Director, Dr. Eliza Chin.

Dr. Mary Rorro, a violinist/psychiatrist, works with the Veterans Administration patients she treats by playing her violin and encouraging other doctor-musicians to share their time and musical talents with veterans. The program is called "A Few Good Notes." "Music draws out stories from patients including one Vietnam vet who remembered his platoon singing SILENT NIGHT on a hill in Vietnam, causing a ceasefire for that time on Christmas Eve. Music evokes powerful emotions and enables the therapists and me to process them with the patients in group therapy settings," she said. The program has been replicated nationally by the VA. Dr. Rorro was featured as "The Violin Doc," in the book *Scales for Scalpels: Doctors Who Practice the Healing Arts of Music and Medicine* by Dr. Lisa Wong.

To arrange for any interviews with AMWA on this Music & Medicine initiative, please contact:

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