# Phyllis Nadine Gonzales, DC, BSN-RN, CNS, a Chiropractor with Universal Chiropractic

**Get to know Chiropractor Dr. Phyllis Nadine Gonzales, who serves patients in Santa Fe, New Mexico.**

**New York City, May 12, 2020 (**Issuewire.com**)** - Dr. Gonzales, known as “Dr. G”, is the owner and operator of Universal Chiropractic in Santa Fe, New Mexico. She takes pride in the health care services she provides for each of her patients, providing thorough examinations, treating each patient as an individual, and catering treatments to specific needs. Her goal is to restore strength and muscle tone to the musculoskeletal system by using targeted exercises, therapies, and functional neurology techniques to maximize stability and help prevent a recurrence of the problem.

The doctor has clinical expertise and experience in: diagnosing and treating patients of all ages, including pregnant women, newborns, and geriatrics; diagnosing and treating a wide variety of patient problems, including: headaches & migraines, TMJ & jaw pain, neck pain, upper, middle & lower back pain, buttock pain, hip pain, leg pain & sciatica, shoulder & arm pain, joint pains of the elbows, wrists, hands, knees, ankles and feet, abdominal pain, balance issues, vertigo, whiplash, sprains & strains, post-concussion syndrome, vestibular abnormalities, injuries from car accidents, slip & fall injuries, as well as work-related injuries; treating brain injuries, paraplegic and quadriplegic persons; treating pre- and post-operative injuries; providing many chiropractic techniques; utilizing herbal therapy, homeopathy, and nutritional supplements; optimizing the biomechanics of the neuromusculoskeletal system; and using many other therapies to enhance chiropractic adjustment.

On the subject of her academic background, Dr. Gonzales earned her Doctor of Chiropractic (DC) degree from Palmer College of Chiropractic - West in 1992. She then went on to complete the CNS program at Carrick Institute For Graduate Studies in 2008, and to obtain her Bachelor of Science in Nursing (BSN) degree from Hardin-Simmons University in 2010.

In order to better treat injuries, she has had extensive training in functional neurology, rehabilitation, and physiologic therapeutics. She is considered a Chiropractic Rehabilitation Specialist, which is an expert in the comprehensive assessment, diagnosis, management, and rehabilitation of individuals of all ages who present with simple and complex neuromusculoskeletal disorders, impairments, and associated disabilities.

Committed to providing patients with the highest quality of care while meeting their individual needs, Dr. Gonzales is board-certified in chiropractic and nursing by: the New Mexico Board of Chiropractic Examiners, the California Board of Chiropractic Examiners, the Colorado Board of Chiropractic Examiners, the National Board of Chiropractic Examiners, and the New Mexico Board of Nursing - Registered Nurse.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients’ health concerns, including neck pain and back pain. They aim to improve patients’ functionality and quality of life by properly aligning the body’s musculoskeletal structure and enabling the body to heal itself without the use of medication or surgery.

Among her numerous accolades, Dr. Gonzales has been selected by the: American Health Council –

Best Doctors In America (2016, 2018); Association of Leading Physicians of the World - Top Doctor/Chiropractor (2016, 2017, 2018, 2019, 2020); Association of Leading Physicians of the World - Top Doctor/Neurology & Vestibular Rehabilitation Specialist (2016, 2017, 2018, 2019, 2020); Consumers Research Council of America - America's Top Chiropractors, Neurology & Vestibular Rehabilitation (2014, 2015, 2016, 2017, 2018, 2019); International Association of Chiropractors - Leading Chiropractors of the World (2014, 2015, 2018, 2019); and International Association of Healthcare Practitioners - Leading Physicians of the World (2014, 2015, 2018, 2019).

In addition to English, she is fluent in Spanish.

**Learn More about Dr. Phyllis Nadine Gonzales:**

Through her findatopdoc profile, https://www.findatopdoc.com/doctor/3070902-Phyllis-Gonzales-Chiropractor or through Universal Chiropractic, https://www.universalchiropractic.us/about

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